



## MESSAGE FROM OUR DISTRICT GOVERNOR DG LION HANK TRUEBA

**"MOVING FORWARD TOGETHER"**



### October 2023

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Dear Club Members and Officers

Greetings to you all.

Since becoming District Governor in July I have had the pleasure of travelling and visiting many of our Clubs within the 4-L5 District.

Everywhere we have been my cabinet and I have received the warmest of welcomes and I have been thrilled to see the enthusiasm every club shares for both its growth and their service activities.

Our Lion members are truly dedicated to serving the communities they are a part of - and that is a great source of pride to me as your District Governor.

Recently my travels took me to the community of Boron – somewhere I had never been before. I was thrilled to visit them and welcome them as a new club in our district. We look forward to many more interactions.

Thank you to ALL those who attended the September District Meeting in Apple Valley. Wasn't it a great event!

A whole team worked together and in a very short amount of time were able to pull together a fun football themed event effectively. Any event is only as successful as the attendees and at this event we had over 120 attendees. Our next District meeting will be held in Hemet on November 4<sup>th</sup> and I hope to see even more people come and enjoy.

Another event I need you to keep on your play book is the MD4 District Convention to be held here in Riverside next February. It is right in our backyard and we need as many of our district club members as are able to come and attend and volunteer to make. Please step up in any capacity you can as there will be roles for every ability level and willing volunteer. Every Lion member can plan an event and if you are not sure how to go about this there are many planning resources in Lions Portal websites to help.

As a football enthusiast, and past football coach, I often reflect of the quotes of Legendary Coach - Vince Lombardi. He believed in teamwork and that it was always better and more effective than working alone. He once quoted "Individual commitment to a group effort – that is what makes a team work, a company work, a society work and a civilization work".

Have a great October and Fall season everyone and get involved with your club! You won't regret it!



## GOVERNORS VISITATION

### SCHEDULE

October Monday 9<sup>th</sup> **Bloomington Colton, Corona Host, Fontana Bre Grand Terrace, Highland, Rialto Breakfast, Rialto Host** (222 Bloomington Baptist church)

October Thursday 12<sup>th</sup> 6PM **Victorville**

October Wednesday 18<sup>th</sup> 6:30 PM **Silver Lakes / Helendale**

October Monday 23<sup>rd</sup> 7 PM **North Fontana Centennial**

October Tuesday 24<sup>th</sup> 6:30 PM **Crestline**

October 26<sup>th</sup> 7 PM **Norco Lions**

October Wednesday 25<sup>th</sup> 7PM **Menifee Valley**

November 1<sup>st</sup> Wednesday **Jurupa & Riverside Magnolia** (@ Jurupa Clubhc)

November 8<sup>th</sup> Wednesday **Murrieta**

November Thursday 9<sup>th</sup> 6:30PM **Timberline**

November Tuesday 14<sup>th</sup> **Coachella Valley**

November 20 Monday 5:30PM **Blythe**

December Tuesday 12<sup>th</sup> **Barstow**

December Thursday 14<sup>th</sup> 6:00PM **Canyon Lake**

January Thursday 11<sup>th</sup> **Palm Springs**

February Thursday 8<sup>th</sup> **Lucerne Valley**

Big Pines Teresita Pines TBD

Chuckwalla Valley Lions Club (DESERT CENTER) TBD

Temecula TBD

Big Bear TBD

### HAPPY FALL Y'ALL



## DISTRICT DIRECTORY IS HERE



It can be accessed digitally at [www.District4L5.org](http://www.District4L5.org)

### LION PORTAL UPDATE

- The target date for roll out is now January 1<sup>st</sup> 2024.
- No downloaded app necessary.
- Will work on every device.
- Thirteen language options
- Every Lion can plan and event but only officers can approve and save.
- Every Lion will be able to access and input their service hours and secretary will approve them each month.
- Print copies of rosters will not be allowed for privacy reasons.
- There will be many shortcuts and ways to get where you want to go in portal.
- Duplicating service activities will be removed so you must enter every month.



## Lions Clubs International FOUNDATION

Hello Lions,

LCIF has a brand new Presidential LCIF Supporter program!

Recognizing individual generosity At LCIF, we deeply value the incredible generosity of our individual donors.

To honor your commitment and support, we are thrilled to introduce the Presidential LCIF Supporter program.

This initiative aims to recognize and celebrate individuals who have contributed with heart and soul, making a significant impact on our mission.

By participating in the annual program, you become an integral part of our honored supporters. Melvin Jones Fellowship (MJF) credits will be earned based on the one-time donation amount you provide. Your generosity not only earns you well-deserved recognition but also helps us make a lasting difference in the lives of those in need.



The pins are fulfilled for individual donations of US\$50 and above.

Your contributions, no matter the size, play a crucial role in empowering Lions and Leos to create positive change in communities across the world.

There are multiple levels of recognition to honor donors based on their one-time donation amount that meets the eligibility criteria as noted in the levels of recognition. The levels are as follows:

Bronze Pin - US\$50 to US\$99.99

Silver Pin - US\$100 to US\$199.99

Gold Pin - US\$200 and above

Leo-Presidential LCIF Supporter - Minimum donation of US\$20

Thank you

With 100% of donations going towards grants and programs, LCIF empowers the compassionate service of Lions and Leos and those who need our help. Your support matters, and together, we can achieve remarkable things.

You can donate to LCIF online, or reach out to Donor Services by calling at +1.630.203.3836 .

To email donor services, click on, or type, [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org) to learn more about the new LCIF presidential recognition.

Stephanie Gwinn 2VDG LCIF District Chairperson



## Message from PDG Bob Neiz - Global Membership Chair



Have you ever heard the phrase “Don’t get tripped up by what is behind you”? It can be applied to many areas in our lives but today I want to discuss how it can apply to our Membership goals and Lion Clubs membership. Our 2023-2024 International President has tasked us with Mission 1.5.

**MISSION 1.5 is the drive to reach 1.5 million members worldwide by 2027 so we can better meet the growing needs of our communities and serve more people than ever before. Lions Clubs International President Dr. Patti Hill introduces this global initiative to grow. *Learn more at [www.lionsclubs.org/mission1.5](http://www.lionsclubs.org/mission1.5).***

Mission 1.5 may appear to be a daunting and unreachable goal. As an organization we are not growing in numbers. And let's face it if your club was alone in trying to achieve it – yes it would probably be unachievable. But here is the thing. **You are not alone.** In the world we have 48,000 local clubs and membership according to the LCI Website is still at 1.4 million (although maybe 1.385 million by recently reported numbers). If each club can have a **net gain** of 2 new members in just this year, then we would move our membership needle from 1.4 million to 1.5 million. Isn't that a little more doable? OK if we had a net gain of 2 members each year till 2027 that would push us closer to 1.7 million – also, I believe quite achievable. Yes, some clubs will gain more members and that is wonderful for the new members joining, the communities they are in and the members already established in that club. Many hands make light work, and many hands can serve more people, volunteer more time to service and hopefully donate a little more to the many worthy causes within Lionism.

Gaining new members is not our only challenge though and I want to revisit that phrase I started with. Tripping up with what is behind you makes little sense but if we do what we've always done the likelihood is we will get what we have always gotten. The focus should be what is ahead and how do we strive to reach the goal in front of us. Gaining and retaining members is everyone's role but there are a variety of reasons people do not continue with the clubs. Some are personal and we have to provide grace to those who believe Lions Clubs are no longer for them. Some are political, (I know, I know we are a nonpolitical club), but the reality is politics within even the smallest of club administration may not be everyone's cup of tea. Some are unforeseen reasons - I have heard frustration from members who don't feel they can do enough, and the opposite - when members want to try new projects, but other members feel its too much for the club.

Personalities in a club make the club but even surrounded by those with a similar outlook the roadmaps to the destination may cause disagreement. But I still feel the biggest trip up hazard is ourselves not asking, inviting and including the very people who see us out there in their communities trying to change the lives for the better. We don't call you into Lions just because you are qualified – We qualify you as a Lion when you join. Yes, we will utilize all your skills, passion and know how possible but we will also teach you new skills and help you excel to who you want to be.

If you are facing a hurdle within members, you can reach out to membership and your GMT for brainstorming no matter who you are - Board of Directors or new member. We can assist in mediation and conflict resolution, but we will also do everything in our power to help the member find the place they feel most suited to be - and that may be trialing another club in the area they reside or work in or specialty club. Do not let past conflicts prevent you from your vision or prevent anyone else from their vision. We are here to serve and to create leaders. If we all stayed in our first job it would be an interesting world – and not necessarily in a good way. For most, in order to reach our potential we have to strive to be more than we currently are.





## Message from Lion Lidia Petrov-Jones – Global Leadership Chair and Global Extension Chair

### 2023-2024

Congratulations Lions for participating in the September 17 training, you have received credit in the Learn module of MyLCI.

We have been talking about membership and Open House for a while now and hope you all understand the process. I am available to go thru the process again if you are interested.

To increase the membership numbers for our District, the District Governor, GMT and I are starting a contest.

By the next District Meeting November 4, you will be able to enter your name if you bring a new member. The member's name and email must be forwarded to the District Governor.

The main requirement is that the new member must be a member for a minimum of 1 year. You will be a good sponsor and will take the sponsorship training coming up January 2024.

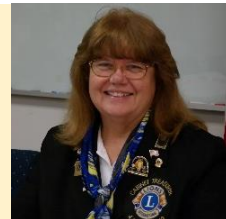
At the District meeting on February 3, 2024, we will pick a name of the Lion. He or She will receive a 1-year membership paid value of \$120.

More information about this contest will be emailed. Let's start getting those new members.

Please mark your calendars for January 20, 2024, Sponsorship Training via zoom. Time will be announced.



## Message from our Global Service Chair - Lion Kathy McCracken



As of September 28th, District 4-L5 metrics (totals) with 57% of clubs reporting on MyLion

People Served	Service Activities Completed	Volunteer Hours	Funds Donated	Funds Raised
44,327	413	11,499	\$12,916	\$14,467

A big thanks to all the Secretaries and Club Service Chairs for reporting the club's service. Why does LCI want you to report? To see how the communities and people are affected by the loving care of the Lions Club members around the world and the impact of helping those in need. Be proud of what your club accomplishes. Need a project to do? Look at what other clubs are doing to give you an idea. Maybe your project is just what a club is looking to do.

**"Where There is a Need, There is a Lion"**

### 1<sup>st</sup> QUARTER PROJECT CARE: Diabetes, Childhood Cancer, Health

Be sure to report all your projects, donations and fundraisers on MyLion so I can turn in your service to MD4 GAT (Global Action Team). Any club reporting at least one activity per quarter will be eligible to receive club recognition at the end of the Lion's year.

What the Global Causes that are spotlighted each quarter, is a way to suggest service activities and project for your community.

Must be reported by October 15<sup>th</sup> on MyLion.



### Upcoming 2<sup>nd</sup> QUARTER PROJECT CARE: Hunger, First Responders & Military





## LION CLUBS INTERNATIONAL



### MISSION 1.5

The biggest membership campaign of LCI has arrived

## Challenge Accepted

We're on a mission to grow.

MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before.

### LIONS INTERNATIONAL PURPOSES & LIONS CODE OF ETHICS

- To Coordinate the activities and standardize the administration of Lions clubs.
- To Unite the clubs in the bonds of friendship, good fellowship and mutual understanding.
- Lions Code of Ethics
- Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- To Be Careful with my criticism and liberal with my praise; to build up and not destroy.

### A message from our International president

[MISSION 1.5 | International President Dr. Patti Hill - YouTube](#)



Dr. Patti Hill  
International President 2023-24



SEPTEMBER 21<sup>st</sup> was

### INTERNATIONAL DAY OF PEACE

Watch this address from IP Lion Patti Hill [#GCPeace Celebrating Your International Day of Peace Activities - YouTube](#)



OCTOBER 7TH IS

### INTERNATIONAL DAY OF PEACEFUL COMMUNICATION

Watch a message from Lion IP Patti Hill and consider joining the webinar

[President Patti Hill Invites you to Celebrate Peace #changingtheworld #gcpeace #lionsvirtual - YouTube](#)



## LEARNING CENTER

### LIONS UNIVERSITY USA-CANADA Lions Forum

The Reno USA/Canada forum was exciting!

The forum was filled with classes you could join, friends and fellowship. There were 1,600 people eating at the convention center for lunch and dinner, and lions were housed in three different hotels that were all connected.

District 4L5 was well represented.

Our very own 1VDG Alan Winkelstein was in charge of the Exhibits at the USA Canada Forum and they were amazing. 2VDG Stephanie Gwinn was a Facilitator for a workshop about LCIF Grants, and Lion Lidia Petrov-Jones was a moderator helping Ruth Roberts with her seminar on Advanced Facilitating skills. Below are photos of District 4L5 lions receiving their Lions Bachelors or Lions Mater Degrees. You too can earn this online degree and have it presented to you at the next Usa/Canada Forum. It will take place in Louisville, Kentucky from September 5-7th 2024.

I want everyone to plan on attending the MD4 convention right here in Riverside. The dates are February 23-25th.

Sincerely,  
Lion Stephanie Gwinn

More photos from the forum can be found in Photo section of newsletter.



### Congratulations to all our graduates!

Lions University provides year round access to online seminars.

Once you complete the 10 required and 5 optional Bachelors level courses online and pass the quiz at end of each one AND attend your first US Canada Lions Forum you are eligible to graduate with your Bachelors Degree at the ceremony.

After completing the next 10 required and 5 optional Masters level courses online and pass the quiz at end of each one AND complete a leadership institute course AND attend your second US Canada Lions Forum you are eligible to graduate with your Masters Degree at the ceremony.

#### Masters Degree

#### Bachelors Degree

*VDG Dr Alan Winkelstein*



- Lion Stephanie Gwinn*
- Lion Annette Henderson*
- Lion Kathy McCracken*
- Lion Hermie Rogovan*
- Lion Robert Rogovan*
- Lion Donna Rollins*
- Lion Marcus Rollins*





## Vision

### We are the "Knights of the Blind"

Is your club involved in vision projects? Why not come and join us at a community vision screening? Learn a new skill and help fulfill our promise as Lions to be knights of the blind. Its fun! Its fulfilling and you will walk away knowing you changed someones life in a positive and essential way immediately they put on those glasses.

see the referrals that are made you know you are making a huge difference in the next generation.



DATE	CITY	LOCATION	TIME
September 30, 2023	Fallbrook, Ca	Community Health & Wellness Center, 1636 E. Mission Rd, Fallbrook, CA 92028	9:00 am
October 7, 2023	Echo Park (LA), Ca	Echo Park Recreation Center, 1632 Belleview Ave, Los Angeles, CA 90026	8:00 am
October 21, 2023	Jurupa Valley, Ca	Jurupa Valley, Mission Middle School, 5961 Mustang Lane, Jurupa Valley, CA 92509	8:00 am
October 28, 2023	Inglewood, Ca	Holy Trinity Lutheran Church, 9300 S. Crenshaw Blvd., Inglewood, CA 90305	8:00 am
November 4, 2023	Upland, Ca	Church of Jesus Christ of Latter-day Saints, 785 N. San Antonio Ave, Upland, CA 91786	8:00 am
November 18, 2023	Brawley, Ca	Brawley Lions Center, 225 A Street, Brawley, CA, 92227	8:00 am
December 3, 2023	Los Angeles, Ca	SaiBaba Event (Sunday) White Memorial Church, 401 N. State St., Los Angeles, CA 90033	8:00 am
December 9, 2023	Montebello, Ca	Applied Technology Center High School, 1200 W. Mines Ave, Montebello, CA 90640	8:00 am
January 13, 2024	Costa Mesa, Ca	Costa Mesa Senior Center, 695 W 19th St, Costa Mesa, CA 92627	8:00 am
February 10, 2024	Santa Paula, Ca	Church of Christ, 276 W. Santa Paula St, Santa Paula, CA 93060	8:00 am
March 2, 2024	Pasadena, Ca	Salvation Army Tabernacle, 960 E. Walnut Street, Pasadena, CA 91106	8:00 am
March 9, 2024	Tustin, Ca	Columbus Tustin Middle School, 17925 Beneta Way, Tustin, CA 92780	8:00 am
March 16, 2024	Gardena, Ca	Ken Nakaoka Community Center, 1670 W 162nd St, Gardina, CA 90247	9:00 am
April 27, 2024	Apple Valley, Ca	Church of the Valley, 20700 Standing Rock Ave, Apple Valley, CA 92307	8:00 am
May 11, 2024	Chino, Ca	Chino Community Building, 5443 B Street, Chino, CA 91710	8:00 am
September 14, 2024	La Habra, Ca	Boys & Girls Club of La Habra, 1211 Fahringer Way, La Habra, CA 90631	8:00 am

Will you not help me hasten the day when there shall be **no preventable blindness;** no little deaf, blind child untaught; no blind man or woman unaided?

**I appeal to you Lions,** you who have your sight, your hearing, you who are strong and brave and kind.

Will you not constitute yourselves **Knights of the Blind** in this crusade against darkness?

Helen Keller in her address to the 11625 Lions Clubs International Convention Cedar Point, Ohio



#womenleaders #makingadifference



Community Eye Screening For Children

If you want to be a Kidsight screener the training is only a few hours and very engaging.

Held at Loma Linda

The dress code requires you purchase a kidsight polo for about \$30

The fingerprinting/background check **may** even be cover by your club.

You pick the dates and times you are available from the lists of dates/times the preschools need you. It's a few hours of absolute joy in the presence of these little ones and when you



Check out ideas for other vision project from LCI website on the next page:



## PROJECT IDEAS VISION

### LEARN

- Invite an eye professional to your club to educate Lions and Leos on common eye diseases that may cause blindness if left untreated.
- Access the "Lions Eye Health Program" to educate yourself and your club about blindness prevention.
- Invite a person who is blind or has low vision to talk about technology that aids in mobility or navigation and activities of daily living.
- Complete the free online "Blindness Basics Course" at Hadley School for the Blind to better understand blindness.
- Serve a meal at your club and invite members to eat while blindfolded to raise awareness and build empathy.

### ACT // BEGINNER

- Collect used eyeglasses and send them to the nearest Lions Eyeglass Recycling Center.
- **Organize a braille, large print and audio book collection to benefit a local school, library or senior center.**
- Volunteer to create audio recordings of books and periodicals for people who are blind.

### ACT // INTERMEDIATE

- **Work with local eye care professionals to provide a wide variety of community screenings including early childhood, school and all age's vision screenings.**
- Utilizing the Lions Eye Health Program materials, host a public event to promote healthy vision and increase awareness of common eye diseases that can cause vision loss.
- Sponsor a World Sight Day event.
- Sponsor visually impaired students through camps, contests or other activities.
- Create a community arts program for children and adults who are visually impaired.
- Collaborate with an eye bank to promote the importance of corneal donations.
- Develop a directory of community resources and services available for people who are blind or have low vision.
- Volunteer at a recreational camp, rehabilitation or vocational training center for children or adults who are blind or visually impaired.
- Organize an inclusive sporting event for children with and without visual impairment.
- Host a fundraiser to purchase and donate white canes to people who are blind or visually impaired in your community.

### ACT // ADVANCED

- Work with local employers to develop an employee vision screening program.
- Develop a coupon or voucher program with local optical shops for underserved populations to receive corrective eye wear at a reduced cost or for free.
- Design a transportation program for school children, working adults and seniors who are blind or have low vision.
- Host a "Beep Baseball" game or tournament.
- Support a guide dog training program through fundraising or voluntary labor.
- Develop an assistive technology library so people who have vision impairment can access resources as their needs change.
- Create a sensory garden with plants, water features, and sculptures that engage the senses of touch, smell, hearing and taste. Provide braille or audio recordings of signage.
- Partner with a school for the blind to support their curriculum, assistive technology and maintenance needs.
- Partner with an orientation and mobility specialist to provide ongoing support to teachers of inclusive classrooms and employers of inclusive workplaces.





## PEDIATRIC CANCER

### Reminder:

District Governor Hank Trueba has chosen Inland Empire Ronald McDonald House Charities as his cause for the upcoming year.  
There are many ways beyond the club donations gifted at the visitations to support this cause.  
Cooking a meal for the families (or donation of \$250 will provide house with funding for full meal for all guests)  
Purchasing items from their wish list (see below for link)  
Participating in a Walk for Kids or other fundraiser event  
Volunteer at Camp...

**WISH LIST for Loma Linda Ronald McDonald House** *Can be found at their website:*

[Wishlist: Inland Empire Ronald McDonald House \(rmhcsc.org\)](http://www.rmhcsc.org)

## PDG Bob Domenigoni Memorial Pull Tab Challenge

Time to start the collection for next year!! Proceeds are donated to the Ronald McDonald house Loma Linda.

## Magic Yarn Project

[Start Here!](#) | [The Magic Yarn Project](#)

### What About Wigs?

Keeping our Magic Makers and the kiddos who receive our wigs safe is important to us, so we have had to make some big adjustments in the context of the COVID-19 pandemic. While some of our local chapters have been able to hold small workshops again, many of our needs for wigs are being met by volunteers who have been approved to make wigs from home.

Since making wigs at home requires access to crocheted components, we generally ask anyone who wants to make wigs on their own to first become an Approved Magic Maker through our crocheter quality control process. Tap the button below to find out more:

[Become an Approved Magic Maker](#)

In some areas of the US, Magic Yarn leadership hosts wig-making workshops where volunteers can make a wig from start to finish in one visit with no prior experience. These workshops are dependent on local leader availability, and will be unique to the areas they serve. **To find out about local workshop opportunities near you, make sure you are following [The Magic Yarn Project on Facebook](#) and subscribe to updates.**



Check out ideas for other Childhood Cancer project from LCI website on the next page:





## PROJECT IDEAS CHILDHOOD CANCER

### LEARN

- Raise club awareness about childhood cancer by holding an educational talk with a healthcare professional or public health official at your club or district meeting or related events.
- Collaborate with a local childhood cancer hospital or support home staff to learn about the needs of their patients and families. Brainstorm ways your club can address key challenges and gaps.
- Research and develop a list of local childhood cancer organizations in your community to support future projects.
- Identify local advocacy events related to childhood cancer and explore ways to get involved.

### ACT // BEGINNER

- Identify nearby childhood cancer centers and support homes to request a wish or needs list. Conduct a drive to donate the requested items.
- Prepare healthy meals for families with children undergoing treatment. This can be done in collaboration with other community members to ensure the family receives food on a regular basis.
- Collect recyclable materials and donate the profits to a childhood cancer organization.
- Write cards full of well-wishes and share them with a local cancer center.
- Donate financial support or gift cards to identified families in need or a nearby childhood cancer center. This could cover expenses like gasoline, parking, food, medical expenses, etc.
- Make or buy new hats, caps, head scarves or blankets to donate to childhood cancer centers.
- Volunteer at a local childhood cancer organization fundraising event.
- Organize a community drive to assemble a toy library for the enjoyment of patients.
- Participate in a blood donation or bone marrow registry event to benefit cancer treatment.

### ACT // INTERMEDIATE

- Collaborate with an organization that makes wigs for children with cancer to collect and donate hair.
- Provide tutoring services to children with cancer, their siblings, or adult learning opportunities for parents.
- Organize an event with a cancer support center to have family photographs taken.
- Raise awareness of childhood cancer through informational pamphlet distribution, radio public service announcements, or social media campaigns.
- Provide children's entertainment at a local hospital or treatment center for children with cancer. Entertainment can include social visits to read books and play games, hosting a seasonal party, or spending time with siblings of patients.
- Provide funding support for essential medicines and supportive services. Crucial medical needs could include chemotherapy supplies, nutritional supplements, medical equipment, essential staff, etc.
- Participate in a one-time volunteer activity at a childhood cancer camp.
- Organize a community childhood cancer awareness event such as a walk/run event or pamphlet distribution.

### ACT // ADVANCED

- Familiarize yourself with the bone marrow transplant registry. If one is not established in your country, determine what would be needed to create one.
- Organize an advocacy event to impact government policy around childhood cancer.
- Acquire and equip vehicles for the transportation of patients and family members for commuting to and from the hospital.
- Volunteer at established support housing facilities or develop a new one.
- Make yarn character wigs (ex. Superhero, princess) for children with cancer.
- Organize a workshop with medical specialists in child oncology for pediatric physicians, nurses, related medical personnel, or parents to train on early diagnosis of childhood cancer.
- Organize a fun half-day retreat for families of children in remission or the siblings of children with cancer.
- Furnish waiting rooms for the families and guests of children with cancer.
- Organize and facilitate an activity at a childhood cancer camp.
- Create mini-kitchens at hospitals or support homes for food preparation and supply with food.
- Organize a fundraiser for a childhood cancer organization, or for a local family who has been impacted by childhood cancer.







## DIABETES (GST service Project for July-Sept)

# LIONS DIABETES CAMP



## Diabetes Family Camp

October 13 thru 15, 2023

7-15 year old students with Type 1, 2 or Pre- Diabetes

*Siblings are welcome and free of charge*

**For all attendees: proof of COVID19 negative test up to 5 days before camp or proof of COVID19 vaccine series complete at least 2 weeks before camp**



Camp cost \$25 per families limited to 1 adult caregiver (required)

*Diabetes Management & education, fun activities, peer learning*

**Reserve your spot by September 28, 2023**

Register at: [www.lionsdiabetescamp.org](http://www.lionsdiabetescamp.org) or send email to

[lionsdiabetescamp@outlook.com](mailto:lionsdiabetescamp@outlook.com)



*Lions Diabetes Camp of Southern California is a nonprofit organization under 501 (c) (3)*

Check out ideas for other Diabetes project from LCI website on the next page:



## PROJECT IDEAS DIABETES

### LEARN

- Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease.
- Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes.
- Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels.
- Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service.
- Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related challenge.

### ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

### ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit [www.diabetescamps.org](http://www.diabetescamps.org) to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- **Organize a weekly walking club at your place of work and share a healthy snack afterwards.**
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school.

### ACT // ADVANCED

- **Organize a community support group for people diagnosed with diabetes and their families.**
- Work with a healthcare professional to organize a mentorship program, pairing a younger person with diabetes with an older mentor.
- Organize a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a community center or school.
- Sponsor a training program for community healthcare workers to learn about screening, community support programs and prevention of diabetes complications.





## ENVIRONMENT PROJECTS

### Bags to benches

**NexTrex**  
 plastic film recycling challenge/info sheet

**How does the challenge work?**

- Register on [NexTrex.com](http://NexTrex.com) to obtain access to the Trex Portal
- Determine a six-month collection time period.
- Collect a minimum of 500 lbs. or 40,500 plastic film and bags
- Weigh and record amount of film recycled each month
- Deliver the collected plastic film to a participating retailer (see list) for recycling
- Stores prefer smaller and more frequent amounts in the provided bin. Please contact store ahead of time with larger amounts.
- Report recycling totals at [mytrex.com](http://mytrex.com)

**What does Trex provide?**

- Up to three recycling bins
- Posters

**What can I win?**

- If goal is met or exceeded, group will receive a Trex bench

**What can be recycled?**  
*All plastic must be clean, dry and free of food residue.*

Grocery bags	Bread bags	Bubble wrap	Dry cleaning bags	Newspaper sleeves	Ice bags	Plastic shipping envelopes
Ziploc & other resealable food storage bags	Cereal bags	Case overwrap	Salt bags	Fillet wrap & stretch film	Wood pellet bags	Produce bags

register on the website: [NexTrex.com](http://NexTrex.com)

## Soles4Souls.org



Save shoes and clothes from the landfill and change lives home and abroad.

Where are all our new benches?  
 New Bench coming to Apple Valley  
 New Bench donated in Victorville senior center.  
 Send us pictures of your benches for a collage.

### Pack a Brick

**This is an excellent way to recycle all the other plastic.**  
 Fill your plastic water bottles with as much plastic trash  
 as you can Contact Lion Jim Rizer for more information Email : [jrizor1969@gmail.com](mailto:jrizor1969@gmail.com)

### PDG Bob Domenigoni Memorial Pull Tab Challenge



Keep collecting these little guys. A 5 gallon can will donate about \$75 for Ronald McDonald House

Check out ideas for other Environmental projects from LCI website on the next page:





## PROJECT IDEAS ENVIRONMENT

### LEARN

- Tour a recycling and waste management facility with your club.

### ACT // BEGINNER

- **Plant trees.** Consult your local environment authorities to determine the type and number of trees needed, as well as the location for planting.
- Meet on a monthly basis and clean up a beach, community space, or roadside area as a club.
- Hold an environment themed photo contest at a local school. Reward the winner with a tree planted in their honor or another green form of recognition.
- Challenge all Lions in your club or district to add at least one green habit to their daily lives. Inspire others by sharing your actions on social media. Habits might include:
  - Using a reusable water bottle or coffee mug rather than disposable products.
  - Changing to energy-saving lightbulbs.
  - Setting a time limit for your shower to reduce water consumption.
- Develop a Green Living Tip Sheet and share it electronically with members of your community or network.
- Recognize a local organization or community leader for their efforts in environmental conservation.
- Calculate your carbon footprint with an online calculator. If your footprint is bigger than you would like, purchase carbon credits that are Gold Standard Certified and brainstorm ways you can lower your carbon input.
- Volunteer with your local park service to maintain trails. You will help more people access and enjoy nature!
- Commit to "Meatless Mondays", or not eating meat one day each week.
- Collect used cellphones and donate them to individuals in need.

### ACT // INTERMEDIATE

- Lead an after school nature walk for young students. Encourage them to make observations and ask questions, then have them draw a picture of their experience afterwards.
- Host a community viewing of an environmental film or documentary.
- Save water by surveying your homes and community for leaks in sinks, communal spigots or water fountains. Contact relevant officials if repairs are needed.
- Work with city officials to paint "no dumping" signs near road drainage areas.
- Identify where to recycle toxic items and share/advertise its schedule of collection campaigns.
- **Organize an environmental mural competition.** Paint the winner's artwork in an appropriate area to beautify your community and promote environmental awareness.
- Implement a community recycling drive where people donate gently used items to charity organizations.
- Share a meal with students at your school. Afterwards, teach them how to sort their recyclables and trash.

### ACT // ADVANCED

- Develop a demonstration garden or landscaping plot using native plant species to encourage restoration of the local natural habitat and water conservation.
- Sponsor a training program for small farmers on how to make and use organic fertilizers and pesticides.
- Produce a monthly nature program on the local public radio station. Feature environmental topics of local interest, interview environmental activists in your community and promote Lions environmental projects.
- Host a public debate on controversial environmental issues in your community. Share the results with government officials.
- Partner with a local carpenter (or use a DIY tutorial) to build a rain barrel. Then, hold a training with community members to promote using barrels for watering and irrigation.
- Organize an alternative transportation incentive program in your community to encourage walking, biking, public transportation and carpooling.
- Work with local schools to establish organic school gardens and a composting program to improve the quality of school meals and reduce waste.







## HUNGER

**MD4 PROJECT CARE**

Clubs are encouraged to host community projects in the following areas:

- ✓ Hunger
- ✓ First Responders
- ✓ Military

**OCTOBER  
NOVEMBER  
DECEMBER**

Report Services projects to MYLION by January 12, 2024

**Lions changed my life.**

I would never have been ambitious enough to run for Governor of Georgia. I would never have dreamed of being President of the United States *if it were not for the Lions.*

Lion Jimmy Carter, January 27, 2009

## Hunger Grant Program

### Our Strategy

Grants are available to Lions districts in amounts of US\$10,000 to US\$100,000. Hunger Grants support infrastructure and equipment acquisition of Lions' projects focused on alleviating hunger. Funds can be used for a project's capital needs and select project operational expenses during the start-up period.

### Examples

Typical project expenses may include:

- Construction or expansion of food banks, feeding centers, and food storage facilities
- Construction or expansion of kitchen or dining facilities as part of a school based feeding program
- Purchase of refrigerators and freezers to store perishable food items
- Kitchen equipment such as stoves and ovens
- Furniture such as chairs and tables for dining rooms and feeding centers
- Vehicles to transport, collect, and deliver food

Copy link [Hunger Grant Program | Lions Clubs International](#) and read all the details and access the application

**Check out many ideas from LCI website for projects relating to hunger on the next page.**



## PROJECT IDEAS HUNGER

### LEARN

- Invite a community health professional to visit your club and educate members on the prevalence and impact of hunger in your community.

### ACT // BEGINNER

- Support your local food bank by donating time, equipment or food.
- Create a resource list of hunger related volunteer opportunities in your region to share with other clubs in your district.
- Use social media to raise awareness about childhood hunger in your community and to inspire others to become involved.
- Host a healthy eating event at your school, community center or place of worship. Invite a nutritionist as a keynote speaker.
- Deliver nutritious, prepared meals to elderly, disabled or ill community members.
- **Serve meals at a soup kitchen or homeless shelter.**
- Donate to organizations that provide micro-nutrient powders to malnourished children.
- Bring a variety of fruits and vegetables to an elementary school class. Explain to the students where the food comes from and encourage them to taste different types of produce.

### ACT // INTERMEDIATE

- Volunteer with a "gleaning group" to harvest unpicked fruits and vegetables at farms and orchards.
- Host a grocery store or market tour where a nutritionist gives participants tips on choosing healthy and nutritious groceries.
- **Collaborate with a food bank to organize a community food drive, focusing on collecting items most needed in your area.**
- Write a cookbook of inexpensive, healthy, easy-to-make recipes.
- Work with your local school to provide weekend take-home bags of nutritious snacks for children in need.
- Sponsor a cooking class for youth to learn basic cooking skills for healthy living.
- Create an online resource on planning and portioning meals to reduce household food waste.

### ACT // ADVANCED

- Conduct an assessment of food access in your community. Advocate to local government leaders for additional or improved options in areas of need.
- Support pregnant women and new mothers by ensuring there are comfortable, safe and clean areas for them to nurse in the community.
- Use your professional networks to connect food banks to food industry leaders interested in food recovery.
- Develop a program to provide underserved students with food during holiday times when school is not in session.
- Establish a community or school vegetable garden for residents in a food-insecure neighborhood.
- Establish a weekly produce stand in a food desert.
- Create a volunteer transportation program to help individuals and families get to and from grocery stores, food banks and soup kitchens.
- Develop an animal husbandry program where a few families receive a small stock of animals. A portion of the animals' offspring will be given to neighboring families for sustainable growth of the program.







## Multiple District 4

### GOALS OF THE PROUD LION PROGRAM

The following goals of the Proud Lion program must be successfully attained by the Protege Lion under the guidance of the mentoring Lion (sponsor) and qualify for the Proud Lion award.

#### Protege Lion

- Attend a club board meeting
- Participate in a club service or fund-raising activity — virtual meetings apply.
- Introduce a new prospective member to the club.
- Make a visit to another club and secure a visitation slip.
- Attend a zone, region, district or multiple district meeting and report back to the club.

The goals listed above must be attained with the specified six (6) month's period and that the sponsor accompanied the Protege Lion to each of the five activities.



Digital Link [PROUD LION MENTORING PROGRAM | Multiple District 4 California Lions \(md4lions.org\)](https://www.md4lions.org)



### SEPTEMBER 21<sup>st</sup> was INTERNATIONAL DAY OF PEACE

Watch this address from IP Lion Patti Hill [#GCPeace Celebrating Your International Day of Peace Activities - YouTube](#)



### OCTOBER 7TH IS INTERNATIONAL DAY OF PEACEFUL COMMUNICATION

Watch a message from Lion IP Patti Hill and consider joining the webinar

[President Patti Hill Invites you to Celebrate Peace #changingtheworld #gcpeace #lionsvirtual - YouTube](#)



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**THE PRIDE**

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## M.D. 4 Convention

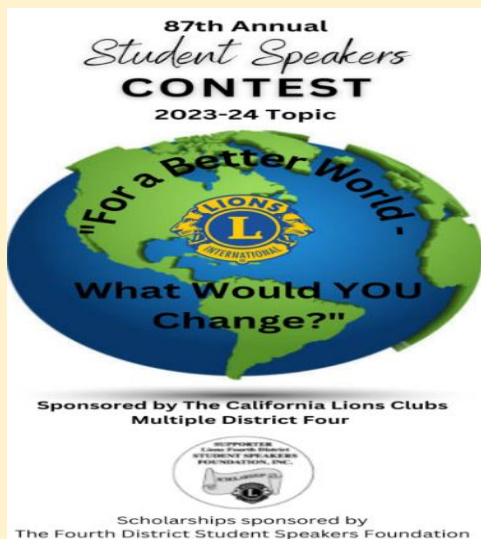


**STAY TUNED FOR UPDATES AS THEY ARE  
ANNOUNCED AND PLEASE PLAN TO ATTEND.**





## STUDENT SPEAKER CONTEST



### Student Speakers Contest Dates

- Club contests on or before  
February 26, 2024**
- Zone contests on or before  
March 18, 2024**
- Region Contests on or before  
April 15, 2024**
- District contests on or before  
May 6, 2024**
- Area Contests on or before  
May 20, 2024**
- Final Contest at June Joint  
COG June 15, 2024**

## Topic : For a Better World – What would you change?

## PEACE POSTER UPDATE

Lions have provided an important reminder to the world that, through service, we can give and receive so much—joy, kindness, hope and PEACE. This year, young people have the opportunity to express their visions of peace through the lens of service.

### 2023-24 Theme: "Dare to Dream"

Students ages 11, 12 or 13 as of November 15, 2023 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be disqualified.

**TODAY OCTOBER 1<sup>st</sup> is Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.**

- November 4<sup>th</sup> District meeting . Entries will be judged.
- November 15: Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor. (Please note this date may be altered to meet dateline for judging at our District Meeting.)
- December 1: Postmark deadline for a district governor to send one winning district poster to Lion, Diane Quinlan at 9206 La Paloma Ave, Fountain Valley, CA 92708.
- December 15: Postmark deadline for Multiple District 4 to send one winning poster to the Public Relations Department at International Headquarters.
- February 1: International winners notified on or before this date.



## ROSE PARADE

### JANUARY 1st 2024

### Theme: Celebrating a World of Music: The Universal Language



#### 2024 Rose Parade Volunteer Decoration Schedule DRY DECORATION

Saturday Dec. 2, 2023 9:00 am to 5:00 pm  
Saturday Dec. 9, 2023 9:00 am to 5:00 pm  
Saturday Dec. 16, 2023 9:00 am to 5:00 pm  
Saturday Dec. 23, 2023 9:00 am to 5:00 pm  
**\*Lunch break is 12 pm – 12:30 pm\***

#### FLORAL DECORATION

**December 26, 2023 – Tuesday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to 9:00 pm

**December 27, 2023 – Wednesday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to 11:00 pm

**December 28, 2023 – Thursday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to 11:00 pm

**December 29, 2023 – Friday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to 11:00 pm

**December 30, 2023 – Saturday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to 11:00 pm  
Graveyard 11 pm to Finish

**December 31, 2023 – Sunday**  
Shift 1: 8:00 am to 4:00 pm  
Shift 2: 4:00 pm to Completion  
Shift 3: 6:00 am to 10:00 am

**\*Dinner break is 6 pm to 6:30 pm\***

#### BUY A ROSE

It's not possible for everyone to travel to Irwindale, California to help decorate the Lions Float. The "Buy a Rose" program gives you a digital front row seat in the creation of the Float.

Your donation helps Lions Float, Inc. cover the cost that go into putting a float in the Rose Parade.

*Thank you for helping decorating the Float!*

**A Single Rose**—\$20 (receive a "Rose Pin" and 5 digital pictures of the decorating process)

**A Half-dozen Roses**—\$100 ("Rose Pin" and 10 digital pictures of the decorating process)

**A Dozen Roses**—\$200 (receive a "Rose Pin" and hard cover keepsake book commemorating the 2023 Lions Rose Float, Plus 10 digital pictures)

**BUY A ROSE**

Make Checks Payable to Lions Float Inc

Send Payment To: PDG Mark Piva, LFI Treasurer, 7171 Warner Avenue, #B159, Huntington Beach, CA 92647

Purchase your **RIDE OF YOUR LIFE** tickets for a once in a lifetime experience.

The Ride of Your Life  
The Ride of Your Life  
\$20.00

See a 12-page on The Lions Club Tournament of Roses Parade Float at Irwindale, California on January 1st, 2024

Purchase your tickets today contact PDG Bob Susaeta  
Cell: 714 606-9963  
Email: susaeta@sbcglobal.net





## DISTRICT 4-L5 WHATS HAPPENING IN OUR DISTRICT (and Nearby)?

### BIRTHDAY CELEBRATIONS

Please join us all in celebrating the upcoming birthdays of our cabinet members.

Thank you Sunshine Lady Lion Barby Daniel for input to recognize them on their special days.



### October Birthdays

- + GLT Lion Lidia Petrov Jones
- + Chaplain Linda Titus
- + Lion Janine Klocek

### November Birthdays

- + Lion Diana Rios
- + Lion LaRue McNamara
- + 1<sup>st</sup> VDG Alan Winklestein







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**SAVE THE DATE**

# DISTRICT CONVENTION

**May 3-5 2024**

**Holiday Inn Carlsbad**  
(760)438-2725

4-L5 DG Hank Trueba  
4- L4 DG Drew Sasser

**ACTIVITIES**

**CORNHOLE**

**BINGO**

**BOWLING**

**ADDITIONAL HOTEL INFO**

**Stay Bridge Suites** Group Name: Lions District L5  
(760)438-2735 Group Code: LD5

**CUT OFF DATE**  
**APRIL 11, 2024**

STAY TUNED ... MORE INFO WILL BE COMING



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## WHAT'S HAPPENING IN OUR DISTRICT (and Nearby)?

Please email your event fliers to [district4l5newsletter@gmail.com](mailto:district4l5newsletter@gmail.com) for inclusion in this section

**MEL'S DINER**  
 Lunch to honor PDG Mel Niez

Sunday  
 October 8, 2023

12 p.m. Social Hour & Appetizers  
 1 p.m. Lunch

Elks Lodge  
 40611 Village Dr., Big Bear Lake  
 PRIME RIB  
 VEGAN/VEGETARIAN OPTIONS UPON REQUEST

RSVP to Dinah by TEXT ONLY by Sept. 21 at 714-343-1362  
 Or by email at [potluck@ngline@aol.com](mailto:potluck@ngline@aol.com)

**HALLOWEEN PARTY**

October 21, 2023  
 @ 7:00 PM

Come for a fun & spectacular night of  
 comedy and dance  
 with the North Fontana Lions Club

**DANCE**  
 Fontana VFW  
 9190 Fontana Ave  
 Fontana, CA 92335

**BEST COSTUME PRIZES**

\$ 20 per adult  
 Children under 12 free  
 includes finger food and soda  
 bring an unwrapped toy for  
 orphans project

RSVP to Lidia  
 at 909-489-8024  
 by Oct 16

**CASH BAR**

**ANNUAL CAR SHOW**

11-5-2023

Sponsors By

MEXICAN CAR CLUB  
 DUKES  
 BOMB LIFE Island Empire

• Raffles • 50/50 •

7793 CENTRAL AVE HIGHLAND, CA 92346

All Clubs & Solo Riders Welcome!  
 10am-3pm

CARS: \$20 BIKES/MOTORCYCLES: \$10

Car Show

Eyeglass Prescription Demonstration

**Governor's Joint Visitation**

Monday October 9<sup>th</sup> 6:00 pm  
 First Baptist Church Rialto  
 222 Bloomington Ave  
 Rialto, CA 92376

Halloween Candy Drive

Toy Drive

RSVP & Potluck Dish Coordination  
 Contact Lion Soledad Morden by Oct. 5th  
 (909) 820-7595  
 Please bring potluck dish or pay  
 \$10 for food to be purchased on your behalf.

\$1 50/50 Bingo

Trivia





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## CHARITY TEXAS HOLD'EM POKER TOURNAMENT

### FIRST FRIDAY OF EVERY MONTH

Registration 6:00 p.m. - Cards in the air 7:00 p.m.

In the offices of High Desert Math Tutor (next to Juliano's Italian Restaurant) 12052 Hesperia Rd Suite 5, Hesperia, CA

**\$40 Buy-in - \$15K in chips**

Optional \$20 - Add-On at registration - \$15K in chips

Optional \$10 - Donation - \$10k in chips

100% of donation goes to: Rock'n Our Disabilities Foundation Weekly Food Bank

Optional \$10 - High Hand - 50/50 split (no chips)

**TOTAL - \$70.00 for \$40k in chips (\$80 with High Hand)**

15-Minute levels for two hours - 20 minute thereafter

Late registration until 8:00 p.m. (end of level 4)

Reentry until 9:00 p.m. (end of level 8)

You may bring your own beverage - water and soda will be available at the Honor Bar

THIS IS A SPRING VALLEY LAKE LIONS CLUB EVENT  
 For More Information Call Lion Eric Pearson - 760-792-2542



## JURUPA VALLEY FOOD FEST

**Rotary**  
Jurupa Valley

**SCHOLARSHIP FUNDRAISER**  
BENEFITING THE SENIORS OF:

JURUPA VALLEY HIGH SCHOOL  
 NUEVA VISTA HIGH SCHOOL  
 RUBIDOUX HIGH SCHOOL  
 PATRIOT HIGH SCHOOL

**LIONS**  
INTERNATIONAL  
JURUPA DISTRICT

Amazing food

Live Music by:  
Danny Rich & Tailor Made

Beer & Wine Garden

**A TASTE OF OUR COMMUNITIES!**

Join Jurupa Valley's Rotary & Lions Clubs for a fun-filled day of food, music, & games! Indulge in delicious bites, donated by local eateries & participate in a variety of games. Best of all, you will play a huge role in sending local students to college or technical school. All proceeds go toward the scholarship funds of each club!

**FUN PRIZE OPPORTUNITIES**

- ✓ Live Auctions
- ✓ Silent Auctions

Scan here for tickets or reach out to a Rotary or Lions Club member

**SATURDAY, OCTOBER 7, 2023 3:30 PM - 7:30 PM**  
**FOOD SERVED FROM 4 PM - 5:30 PM (WHILE SUPPLIES LAST)**  
 FOR MORE INFO, VISIT [FACEBOOK.COM/GROUPS/JURUPAFOODFEST](https://www.facebook.com/groups/jurupafest)  
 SKYVIEW EVENT CENTER 5257 WINEVILLE AVE. JURUPA VALLEY, CA 91752  
 EIN: #80-0816254  
**PRESALE: \$20 AT THE DOOR: \$25 AGES 7 & UNDER: NO CHARGE**



Next District Meeting  
 will be held on  
**NOVEMBER 4th 2023**  
 Location Valley Region  
**HEMET**  
 Methodist Church Family Center  
**530 S Buena Vista St Hemet CA 92543**  
 More Information to follow





## PHOTO ALBUM (Shared photos from members) District Meeting - Church Of the Valley – North Citrus – 09-16-2023



Happy Faces enjoying the District Meeting on September 16<sup>th</sup> 2023 in North Citrus Region  
We had over 120 attendees!!!





## The Lions Community Health Fair on Sept 16, 2023



*RN Blandina & Sophia Organizing the lions booth VFW and Lions banner*      *North Fontana Lions booth*      *vendors*

The Lions Community Health Fair held at the Fontana VFW and organized by the North Fontana Lions Club. 23 vendors, flu shots from Costco, diabetes screening with our North Fontana nurse, and San Bernardino Public Health vendors. We added 4 New members





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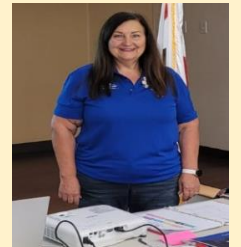
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## DISTRICT 4L5 PREPARE FOR SUCCESS

**September 17, 2023, at 2:00 PM**



"Good turn out on the Zone/Region/presidents and other Lions GMA and Open House Training. Great discussion and team work." – GLT Lion Lidia Petrov-Jones

## CONGRATULATIONS TO CORONA LIONS CLUB ON THEIR 100TH



CENTENNIAL CELEBRATIONS IN STYLE





## USA/CANADA LIONS FORUM RENO SEPTEMBER 21st-24th




## Apple Valley Lions Car Show for Hunger and Food Insecurities causes.



Held our 8<sup>th</sup> annual Car show and raised over \$1800 for hunger causes. Great day of fun and amazing cars and comraderie. Thank you to our vendors and entrants for sharing your beautiful cars.



## BITS AND BYTES



**District & Club Administration Division  
 English Language Department Routing Guide**

**District Support**

**District Officers ([districtofficers@lionsclubs.org](mailto:districtofficers@lionsclubs.org))**  
**Esther Ancira – (630) 468-6776**

- Cabinet Meeting Minutes
- District Convention Reporting
- District Leadership Reports
- Election Questions
- Vacancy Fillings – 1<sup>st</sup> & 2<sup>nd</sup> Vice District Governor
- Vacancy Fillings – District Governor (send to: [legal@lionsclubs.org](mailto:legal@lionsclubs.org))

**Vivian Oliva – (630) 468-6745**

- Biography Forms (DG, 1<sup>st</sup> and 2<sup>nd</sup> vDG)
- District Cabinet Officer Reporting Forms
- District Convention Report Form Submission Verification
- District Badge(s): District Governor, Immediate Past District Governor, Incoming IPDG, all Companions
- District Governor Pin Requests (District Governor Cabinet Pin Requests)
- Multiple District Badge(s): Current Council Chairperson, Incoming Council Chairperson, all Companions
- Multiple District Officers Reporting Form

**District Operations/Zone & Region Chairpersons Program Development**  
**([natalie.wielgus@lionsclubs.org](mailto:natalie.wielgus@lionsclubs.org))**  
**Natalie Wielgus – (630) 468-6890**

- Program Inquiries
- Resource Development/Webinars

**Zone and Region Chairpersons Program Support ([coneandregion@lionsclubs.org](mailto:coneandregion@lionsclubs.org))**  
**Esther Ancira – (630) 468-6776**

- Award Applications
- District Advisory Reports

**Redistricting Requests ([districtadministration@lionsclubs.org](mailto:districtadministration@lionsclubs.org))**

- General Inquiries
- Redistricting Request Submissions

**New Voices ([newvoices@lionsclubs.org](mailto:newvoices@lionsclubs.org))**  
**Kathy Walters – (630) 468-6828**

- General Inquiries
- Grant Applications & Processing
- New Voices Story Submission
- New Voices Material Requests (including workshop & symposium workbooks)

Did you know you can scan the QR code below to have access to our District 4L5 calender?



But if you want your events included on the calender you must email them to our web-master for inclusion.

**You can submit events to [events@district4l5.org](mailto:events@district4l5.org) to have them added to the calendar.**





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Thank you to all who have supported this newsletter and who have put their time and energy into making it a reality. Everyone, please consider submitting photos articles and reviews of activities to be included in our next issue in August.

[4L5districtnewsletter@gmail.com](mailto:4L5districtnewsletter@gmail.com) OR [District4L5newsletter@gmail.com](mailto:District4L5newsletter@gmail.com)

So don't wait till the last few days.

Newsletters will be published every other month starting in August. (October, December, February, April, June)

Everytime you have an event send us your synopsis and photos .

Each time you have a flyer for the next quarter add us to your email list so it will not get missed.

Please send any comments, corrections, and suggestion regarding this newsletter to the email above with the subject line 'Editor'.

Respectfully submitted

Lion Donna Rollins

District 4L5 Newsletter Editor







2023-2024 District Newsletter

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