



## MESSAGE FROM OUR VERY OWN DISTRICT GOVERNOR DG LION LINDA AMERAULT



*Where has the time gone? There are only 114 days left in this Lion year. Time to elect new officers for each club and send that information to PDG Ken Reed for next year's directory by April 15 th and to LCI by May 15 th . Having trouble with getting folks to step up? Call me for some ideas (909) 224-6086.*

*We all need to work on membership. As of 3/7/23 our district is down to 789 members. What is the main reason for this? Are we not listening to new ideas for fundraisers? Lions not getting along? Are meetings boring? Are meetings too long? Let's open our minds and hearts to really listen to Lions about how they feel. Maybe have a club assessment.*

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*The Magic Yarn Project comes to our district. This is a newly MD4 endorsed project. It will be lots of fun for both men and women. No crochet skills needed. No craftiness required. Just a willingness to help kids with cancer. It brings a lot of joy to each child that receives a wig!*

*Timberline Lions of Wrightwood is having their Charter Night on April 13, 2023. This isn't a 'new' club but one that was restructured. Timberline Lions of Wrightwood has worked hard and are doing very well. Congratulations!*

*I am so proud of this district in helping each other with difficult times - snowstorms, especially. Let's keep up the good work!*



2022-2023 District Newsletter  
 District Governor Linda Amerault  
<http://WWW.DISTRICT4L5.ORG>  
[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

# THE PRIDE

March 2023



## TASK FORCE TEAM

Hello Fellow Lions,

Can you help?

If you are interested in giving great Lions Service or the communities in our county, please contact IPDG Fred Caldera 760-559-2325

[fcalderst67@gmail.com](mailto:fcalderst67@gmail.com)



Linda Amerault  
 District Governor 2022-2023

### District 4-L5 Lions "We Serve"

Hello Fellow Lions,

This is Fred Caldera, your District Task Force Director. We have another opportunity for service during this Feb. 2023 **Extreme Cold winter Storm Incident**. The VOAD (Volunteer Organizations Active in Disasters) an organization the district belongs to, is still looking for volunteers to staff positions open at several county distribution sites (Central Point of Distribution, or CPOD) to support the affected mountain communities during this incident. The staffing need will be from March 6th to March 17<sup>th</sup>. The time will be 7am to 7pm.

If you are able and in good health and decide to serve, you will be given instruction on where to meet to be shuttled to the locations. Examples of duties:

- Greet community members
- Assist with traffic control
- Determine eligibility for supplies
- Load vehicles
- Set up and tear down of site
- Runners
- Parking and line monitors
- Other duties as assigned

The locations of the distribution sites (CPOD) are:

- Crestline
- Wrightwood
- Blue jay
- Running springs

Other types of service may be needed in the future.

Yours in Service,

Fred Caldera IPDG  
 Task Force Team Director



We Serve

## District 4-L5



# EMERGENCY FOOD DRIVE For Crestline Communities



### Food Drive Suggested Shopping List

(items not on list are also encouraged)

<u>Dry Goods</u>			<u>CANNED/BOTTLE GOODS</u>	
Cereal	Crackers	Peanut Butter	Green Beans	Pears
Oatmeal	Cookies	Jelly	Corn	Tuna
Flour	Bread	Pancake Mix	Tomatoes	Chicken
Sugar	Rolls	Raisins	Peas	Chili
Beans	Tortillas	Ramen	Peaches	Soup
Pudding	Taco Shells	Pasta	Pineapple	Pancake Syrup
Jello	Rice	Noodles	<b>WATER</b>	
Dog and Cat and other pet foods				

\*\*\*Cash Donations Also Accepted\*\*\*

Make out checks to Jurupa District Lions Club with Emergency Food Drive on the memo line



Bring Food Donations to Jurupa District Lions Clubhouse as soon as possible

Transportation to the Crestline Lions Club for food distribution should begin on Wednesday.



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Linda Amerault, Governor 4-L5 2022-2023



**Lions Clubs International  
 FOUNDATION**



You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone's entire life around. You never know how much someone needed that long hug or deep talk. So don't wait to be kind. Don't wait for someone else to be kind first. Don't wait for better circumstances or for someone to change. Just be kind, because you never know how much someone needs it.

Crestline Lions are snowed in and need our help. District 4L5 is here to serve.

- IPDG Fred Caldera is the Incident commander- boots on the ground.
- Lion Stephanie Gwinn is the point person and Planning coordinator.
- The Finance person is Lion Angie Johnson and the Logistics Chief is Lion Pamela Blynn.
- Jurupa Lions are collecting food donations at their clubhouse.
- IPDG Fred Caldera will organize volunteers. He will also organize pickup trucks to convoy the food up to the Crestline where the Crestline Lions will distribute the food.
- LCIF, Lions Club International Foundation, has just received a request for a grant hours ago.
- Thank you to the CLF, California Lions Foundation, District 4L5, Big Bear Lions and to all the clubs that have donated money.
- We are expecting the need for food and volunteers to last for the next few weeks. Contact Lion Stephanie Gwinn for more information.

WE SERVE!

**Lion Stephanie Gwinn**





## Message from PDG Bob Neiz - Global Membership Chair Surviving vs. Thriving

Are you purposefully setting an intention for your Club in this new year?

As we hurl ourselves into not only a new year but a new post pandemic era there are many resolutions to contemplate—from a health upgrade, to fostering mindful connection with others and ourselves, goal direction and achievement, to asking why should I keep being a Lion?

To make any resolutions, and remotely try to achieve them as a Club, our first question should be - Is our Club thriving, or merely surviving? The follow up is simply 'am I OK with my answer?'

As Global Membership Chair this is something I've thought about regularly this year, and it's an intention I want to be front and center as together we start this new era.

By definition - Surviving is a grim struggle—you're white-knuckling life, just barely getting by. Thriving is living and thinking abundantly.

Surviving is a drag, a daily slog to stay alive. Thriving is joyful and infectious.

So - what is keeping us from thriving in 2023?

This has been the most challenging season of many of our Clubs lives. Most of the time survival has been the name of the game. Long term, that is a soul-sucking, unfulfilling way to operate. But if I've learned anything these past 3 years, it's this: Surviving is not a life I want for my Club or any other Club. Covid took some of our nearest and dearest and left holes in our lives. That we cannot change ... no matter how we wish to.

But covid also created opportunities to revisit old patterns and seek new solutions. The world is different. Old needs still exist but so do new ones. Reconnecting has never been so important for our clubs and our communities. There is treasure in adversity. There can be hope hidden in despair. There is flourishing on the horizon. (It just may not look the way we'd imagined.) Once you reprogram your club brain, it's time to clean up the debris left behind—all the survival mode wreckage: bad relationships, unhealthy habits, a life devoid of intention and purpose.

Let's be clear: Transitioning from surviving to thriving is a far more challenging resolution than, say, joining a gym or taking a moment to meditate. Particularly in times of darkness and difficulty, we must dig deep to channel abundance—or at least the promise of abundance—and rewire our brains. It often seems impossible. Too hard. We might feel ill-equipped, alone, and afraid. And yet, the alternative—merely surviving—is depressing as hell. But sometimes it's not until we're pushed to the brink that we can truly appreciate the difference.

In other words, shifting from surviving to thriving is a process of rewiring and remodeling the inner and outer landscape of your life.

Unfortunately, merely wishing it would happen -or worse, complaining - won't get you there. It takes deliberate, consistent action. Consider your mantras, identify what isn't serving you, and clear the path. So simple, and yet so freaking hard. Fortunately, perfection is not required to reap the rewards.

Since every challenge is better with a team – that's why we are a club. Now lets compose an anthem to animate and motivate us, here's one —for you, for me, for all of us. Whenever we question how we can possibly shift from surviving to thriving we are wasting precious "action' time and energy. I'm perpetually amazed at the unforeseen turn even the direst situation can take. The clarity that emerges; the wisdom and joy gifted.

My challenge to every person reading this is simply to pick a single issue or event and talk about it – look at how things have been going and look for new things to change – not just for the sake of change but for the sake of keeping up with





changes in the ever changing world we are navigating. Then assign members to do the small pieces to make the changes. One person can make a new fun flier.... one person can make phone calls to agencies to secure the venue and obtain the insurance. one person can make the snack for workers. One person can post on Facebook / social media.... One person can look at broadening the outreach, and as a clubs agree to try something new if someone has a vision - even if you are not sure you can see the outcome. Involve younger and newer members in your conversations and listen to them. Don't be the older member who states that an idea won't work because 'we've never done it that way before'. In reality we don't know what works anymore as we are in a era of exploration and discovery.



## Message from Lion Kathy McCracken Global Service Chair



As of February 28th, District 4-L5 metrics (totals) with 97% of clubs reporting on MyLion. are:



People Served	Service Activities Completed	Volunteer Hours	Funds Donated
121,046	1,558	33,226	\$70.365
<b>\$119,716</b>			

### Results of Project Care

#### Military/First Responders Happy Holidays

People Served	Service Hours	# of Clubs reporting
325	26	3

#### HUNGER

People Served	Service Hours	Donations	Pounds	# of Clubs reporting
4,642	457	\$1,428	1,606	7



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Thank you to the clubs who participated and reported the results on MyLion.

Your club can still participate in the next Project Care going on in the month of April - **ENVIRONMENT**

## Project Care Environment 2022-2023

- Earth Day April 22, 2023
- Plant trees
- Adopt a highway or bus stop
- Collect and recycle aluminum cans and pull tabs
- Beach clean up
- Bags for benches
- Bike-to-work day
- Update and maintain landscaping for the community
- Distribute reusable bags and water bottles to the community
- Collaborate with schools and other non-profit organizations

For environmental facts, projects and other resources visit the [LCI Global Causes](https://lionsclub.org) page at lionsclub.org and learn how Lions can serve to sustainably protect and restore our environment to promote the well-being of our communities



## Message from Lidia Petrov-Jones, Global Leadership Chair

*If your actions inspired others to dream more, learn more, do more and become more, you are a leader.*

*John Quincy Adams*

Dear Lions from District 4-L5,

First, let me congratulate our **New Guiding Lions**, Jennifer Simpson, and Mark Bellnap. I also want to congratulate Lion Kathy McCracken for her re-certification as a Guiding Lion.

I appreciated all your congratulations wishes for my recent award as the best GLT in our California Multiple District, it was an honor!

I have been visiting your Clubs and sharing the LCI tool, Global Membership Approach (GMA).

It is a great tool, not only to bring members (as it suggests) but to plan your Clubs goals. It is your Club success plan. The steps are:



I would like to recommend performing the **SWOT Analysis** and setting your Club Goals for the year. Also consider your community needs.

### Community Needs Assessment –

- Evaluate current projects.
- Consider new ones.
- Make a list of service provided in last 18 months.
- Set “**Service Impact Goals**” for the next 12 months.

## SWOT ANALYSIS

	Helpful to achieving the objective	Harmful to achieving the objective
Internal origin (attributes of the organization)	Strengths <b>S</b>	Weaknesses <b>W</b>
External origin (attributes of the environment)	Opportunities <b>O</b>	Threats <b>T</b>





## INTERVIEW with a LION

***It is our goal to showcase a Lion each newsletter and this quarter we are honored to interview Lion Catherine Johnson from Crestline Lions Club .***

We came to Crestline in 1994 on vacation and I just knew this was where I wanted to be. Actually, I would prefer the beach but those lotto numbers aren't picked. We moved here in 1996. In 1997 I passed by a Lioness/Lions Rummage Sale and being an avid Rummage Sale and Thrift Store junky - I stopped. Lioness/Lion Jan McAllister and I struck up a conversation. I had never heard of Lions and this lady was a walking encyclopedia on Lionism. After 15 minutes with her I was hooked and asked how do I join this organization and over the years I stuck to her like glue. I joined the Lioness Club in 1997 with Jan as my sponsor because the Crestline Lions didn't allow women in their club. And it wasn't long before I was asked to be president. I was terrified, I have no idea how to be a president and was told "just follow Robert's Rules of Law". I didn't even know what that was! The next day I went to local thrift store, purchased the book and I read it cover to cover. I did not understand most of it, but I did take the president position with Jan leading me.

In 1998, the Crestline Lions membership was declining so they gave up their male chauvinist attitudes and asked the Lioness to join their club. Six of us became dual members. Our clubs had always done all our fundraisers and projects together. The Lions had been chartered in 1939. The Lioness in 1978.

In 2002 I became the first female president of the Crestline Lions Club. Talk about a challenge. A former men's Club and along comes a woman with all these new ideas. I was trying to help the club service. Bring up an idea "HESITATION" big time then okay let's try it. We will have to convince the Lioness.

Another Lion Ricardo (Rick) Terrones and I would alternate back and forth as president for the next 5 years. We did this because no one would step up. I was 100% president for 3 years- 2002/2004/2006. But giving 100% to my Lioness Club, my Lions Club and my full time job became too much. So, in 2008 I chose to give up membership in the Crestline Lions Club mainly because 5 or 6 members were doing all the work and trying to keep the club going. It was one of the hardest decisions I ever made.

Time passed and I became Assistant Lioness Chairperson then on to Lioness Chairperson. In that year I spent a lot of time on the phone with the LCI Membership Chairperson knowing it was imminent that the decision for us to become Lions was on the horizon. LCI tasked me to convince the Lionesses to bridge over. The name Lion or Lioness being less important than the work we do. Our Lioness bridging over to Lions was an awful challenge. One of our members Barbara Rhodes literally spent 2 weeks either on the phone or in front of her computer trying to get this accomplished. Not to mention the 3 pages of paperwork per member she had to complete and send in. It got to where I hated to get a call from her. LCI wanted this to happen but so few people on their end were trained to assist. So, I finally told Barbara call Phil Burch. At that time, he was our District Governor. In 2 days, we had a representative assigned to us and we became a Lions Club. Phil was our Savior.

Of everything I've done in my Lions journey becoming a Charter Lions President is the most exciting and important event.

In 2017 I decided to join the Big Bear Lions Club. I missed being a Lion. I had to quit work due to medical issues so I had time to devote to Lions. Not long after joining I was asked to be their LCIF Chairperson. That became fun having my 2 clubs competing in who would donate the most to LCIF. I remain an Associate Member of the Big Bear Club. Of everything I've done in my Lions journey being a Charter Lions President is the most exciting and important.

White Cane Days is my favorite Lions project. I hear so many stories from those giving us money about relatives who were Lions or how Lions got them glasses. This is the project that really makes me see how "We Serve".

The excitement in our club is when we have a successful event. Again as years ago they listen to every Suggestion/Recommendation I come up with. At first "HESITATE" but eventually I bring them around and we have a success on our hands. I have a knack for coming up with money making ideas.

As a new Club (chartered 2/2021) I am still trying to get my club to understand the Lions way. They were Lioness for so long and change is hard. I would say the best thing is being a part of a small community. The entire community supports us 100%. Everyone knows us and the work we do.

I would like our District to provide enough directories for each member to have access to them. The reason I say this our Guiding Lion PDG Ken Reed came to our club and did a power point on Orientation. One of our members was trying to take notes to no avail could not keep up. I gave her a directory told her to read it cover to cover its every thing he is covering. She did was so excited that she learned so much. Give clubs (or members) the chance to purchase the directories for their members Maybe suggest sponsor purchase one for the member they bring into the club.

In my opinion membership is down due to the fact that enough members are not bringing in members. It comes down to ASK, ASK, and keep asking. Since becoming a Lion I have brought in 5 members. I carry Lions business cards with me at all times give them to most people I talk to or invite them to our meetings. I post them on the bulletin board at my bank. My children call me pushy. Oh! Well.

One thing I would like to see is our District Meetings return to allowing clubs/Project Chairs etc. get their 5 minutes to discuss what is happening. That way we learn what was going on in our district and get ideas on how to better or improve our clubs. In my 25 years in Lions I don't ever remember missing a District meeting. I was a Lioness District Tailtwister several times.

After my 3rd year as president of the old Crestline Lions Club the worst of the chauvinist in the club was an attorney and was doing some work for me. He said you know Catherine you are "the best thing that ever happened" to our club. I cried and actually hugged him. The second incident when we were bridging over from Lioness to Lions was the member who was negative during the whole process. Said I'll always be a Lioness. When I am a president I will be "Lion of the Year" by who participates the most.





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We chartered in February so I called the award "Lioness/Lion of the Year". So when I called her up to receive her award she leaned over and said I'm a Lion. I cried.

Oh! I forgot something. I was a Lioness District Tailtwister several times. Numerous times in my Lioness Club. I was PDG Fred Caldera's last year, am on the schedule to be 1st VDG Hank Trueba's Taitwister next year. Tailtwisting is a gift to me. After everyone has sat at a meeting listening to business they need some laughter. The money doesn't hurt the District either.

Lion Catherine Johnson  
 Crestline Lions Club  
 LCIF Chairperson

## 4L5 FOCUS ON VISION

### LIONS EYEGASSES ACROSS CALIFORNIA

March 18<sup>th</sup> 2023

**"We Serve"**

One of the many ways Lions Clubs help in their communities is to collect used eyeglasses. These glasses go to California Lions Friends in Sight to be refurbished, read and distributed locally.

Imagine if you could help a child read. An adult succeed in his job. A senior maintain her independence. You can provide an opportunity for those in your community to thrive and succeed.

**LIONS EYES**

*across California*

CARE GIVE RECYCLE  
 Your Used Eyeglasses  
 Can Help Someone  
 See Better



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While Lions are involved in many areas of community service, Preventing blindness has always been our priority.



Local clubs provide vision screening & eyeglasses for children. Worldwide Lions support & manage vision clinics in many underdeveloped countries to prevent or reverse blindness where possible.

*Old glasses jamming  
your junk drawer?*



*Lions Clubs will be happy to help...  
 Help a CHILD to read & learn.  
 Help an ADULT to earn a living.  
 Prescription/non-prescription  
 (incl. sunglasses) even parts*



Dear Lions of District 4-L5:

District 4-L5, through the Loma Linda Lions Eye Foundation, received a \$23,904 matching grant from Lions Clubs International Foundation for the purchase of six School Health (Welch Allyn) vision units.

The Loma Linda Lions Eye Foundation will provide the additional matching funds for the purchase of the vision units. The vision units have been ordered and are anticipated to arrive within the next two weeks.

During 2022, District 4-L5, through the Kidsight program, screened over 5,000 kids between the ages of 6-months and 6 years. This is a great Lions project serving the needs of our communities.



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If you would like to participate in the Kidsight program, please call one of the following Region coordinators:

Desert Region – Lions Lucy (909-518-9954) and PCC Rob Manning (909-518-0553)

Valley Region – Lion PDG Ken Reed at 951-306-9650

N. Citrus Region – Lion John Levell at (760)900-5652

S. Citrus Region – Lions Dani Bubier (909-835-8207) and Ruthanne Christianson (909-754-0004)

Thank you all.

Lion PCC Rob Manning

Loma Linda Lions Eye Foundation and Kidsight Coordinator





## WORLD SERVICES FOR THE BLIND PROGRAMS & SERVICES

The mission of World Services for the Blind is to empower people who are blind and visually impaired to achieve sustainable independence. WSB offers life skills on-campus, extensive career training programs online and on-campus, social work and case management services, as well as a summer transitional aged youth program. With our wide array of programs, this allows students to receive services and training tailored specifically to their needs.



### CAREER TRAINING PROGRAMS

World Services for the Blind offers a wide variety of career training programs on-campus and online. On-campus clients receive full-time training at our campus in Little Rock while online training can help give clients more flexibility in completing career training.

### ONLINE PROGRAM FUNDAMENTAL COURSES

World Services for the Blind offers a variety of fundamentals courses for clients who want to pursue online training. Fundamental courses can help a student gauge if the career training program is right for them or if they need extra help in a certain area before beginning a career training program.



### LIFE SKILLS

WSB offers a comprehensive life skills training program to help those adjust to life with vision loss. Our life skills programs offer essential training to ensure an individual's ability to live independently.

### SOCIAL WORK AND CASE MANAGEMENT COURSES

At World Services for the Blind, we help individuals who are blind or visually impaired bring meaning back to their lives by providing counseling and social work services to help clients navigate the inevitable roadblocks ahead.



### TRANSITIONAL-AGED YOUTH PROGRAMS

Transitional Aged Youth programs allow students to gain real world work and college experiences through a 6-week on-campus program during the summer.

Thank you Lion Kenneth Reed for this informative submission on World Services for the Blind





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## California Lions Friends in Sight

Use CLFIS model to lead this and other Lions Districts to eliminate visual impairment in the world. The example we can create in this district, is up to us. The better the example, the better the odds that others will want to adopt what we are doing! Let's have a conversation and begin the process to eliminate visual impairment and take Helen Keller's Challenge to heart. Please give me a call or send me an email. Many thanks, Brian Van Dusen, O.D.  
[bpvd@verizon.net](mailto:bpvd@verizon.net) 951-833-2813

*"Together, We make the World Look Better!"*

For a listing of upcoming vision screening see: [www.californialionsfriendsinsight.org](http://www.californialionsfriendsinsight.org)

March 25, 2023	Lemon Grove, Ca	VFW Post 2082, 2885 Lemon Grove Ave, Lemon Grove, CA 91945
April 1, 2023	Norwalk, Ca	John Glenn High School, 13520 Shoemaker Ave, Norwalk, CA 90650
April 15, 2023	Echo Park, Ca	1632 Bellevue Ave, Los Angeles, CA 90026
April 29, 2023	Oxnard, Ca	Methodist Church, 1801 Joliet Pl, Oxnard, CA 93030
May 20, 2023	Pomona, Ca	Village at Indian Hill, 1444 E. Holt Ave, Building #1, Pomona, CA 91767
June 3, 2023	Big Bear, Ca	Masonic Lodge, 385 Summit Blvd, Big Bear, CA 92315
June 10, 2023	West Covina, Ca	United Methodist Church, 718 S. Azusa Ave, West Covina, CA 91791
June 24, 2023	Pico Union, Ca	1532 W. 11th St, Los Angeles, CA 90015
July 16, 2023	Huntington Park, Ca	Sai Baba Event Salt Lake Park Recreation Center, 3401 E. Florence Ave, Huntington Park, CA 90255
August 5, 2023	San Diego, Ca	Salvation Army, 6845 University Ave, San Diego, CA 92115
August 19, 2023	Guadalupe, Ca	Mary Buren Elementary School, 1050 Peralta St, Guadalupe, CA 93434
September 9, 2023	La Habra, Ca	Boys & Girls Club of La Habra, 1211 Fahringer Way, La Habra, CA 90631
September 23, 2023	Thermal, Ca	Flying Doctors Desert Mirage High School, 86150 66th Ave, Thermal, CA 92274
October 7, 2023	Lancaster/Palmdale	Antelope Valley Partner for Health, 44226 10th St. West, Lancaster, CA 93534
November 4, 2023	Ontario, Ca	Ontario Senior Center, 225 E. B St, Ontario, CA 91764



California Lions —  
**FRIENDS IN SIGHT**  
*"Together, We Make Tomorrow Look Better"*



## Lions Club International



### The benefits of being a Lion

Becoming a member of your local Lions club benefits your community and you.

- **Make a difference**

There are over 48,000 Lions clubs around the world. Each one is filled with people like you who've decided to take action and serve others. Collectively, Lions make a global impact through their community service.

- **Serve with pride**

Lions feel a great sense of satisfaction from doing what is at the heart of all Lions clubs – serving others. You will have the opportunity to give your time, share your talents, help your community, and feel proud knowing you change lives.

- **Build your network**

As a Lion, you develop relationships with the people in your club and also the local leaders you collaborate with in service. You can also network with Lions in your district and around the world who are serving their communities, just like you!

- **Gain Lion credibility**

There are Lions in over 200 countries and geographic areas who share your passion for service. Gain the respect that comes with being part of a global organization known for its contributions to humanity for over 100 years.

- **Develop new friendships**

Feel a sense of belonging with the other members of your club, as well as the over 1.4 million Lions around the world. Through the MyLion App, you can connect with other service-minded men and women locally, regionally and internationally.

- **Show your leadership**

As a Lion, you gain access to our online learning management system, where you can sharpen your leadership skills. You will also have the opportunity to lead within your club and gain valuable, practical experience for use in your personal and professional life.

- **Receive global support**

Every Lion and every club is supported by a global network of volunteers, the Lions Clubs International staff, and the Lions Clubs International Foundation (LCIF), which provides grant funding to support the compassionate work of Lions, empowering their service and addressing the needs of their communities both locally and globally.

Visit [weserve.org](http://weserve.org) to see how becoming a Lion can change your life.

To get involved in your community, contact:



**Lions Clubs International**



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JULY 7-11, 2023 | BOSTON CONVENTION & EXHIBITION CENTER



**A message from our International president**

[Evolving Lions Digital Tools | International President Brian Sheehan - YouTube](#)

Click on link to view on Youtube

Roll out anticipated in Jun 2023

Replacement for MyLion questions can be answered here:

<https://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates?elqTrackId=8a945a38c5a84e3a9a63b9f5675b21e7&elq=1fab1f2f11714f83ad5206e60de34dab&elqaid=26617&elqat=1&elqCampaignId=&fbclid=IwAR0XTzd9A0k1U8yKLLvswnGV8BPI Gvy3RQk3ZZqYhfEipgn8jo0bVY27iU>

**WANTED!**  
**IS THIS YOU?**

Anyone over the age of 19 interested in volunteering and meeting new people while helping their neighbours locally and around the world.

**If this is you...  
 Why aren't you a Lion?**

USA CANADA LIC





## LIONS UNIVERSITY - USA-CANADA Lions Leadership Forum



It is a Comprehensive Lions Club Leader Development Program available to **every** Lion club member!

Classes are on-line, self-paced year-round and only take about one hour each to complete.

Each class has a short knowledge quiz at end to assess understanding and once completed you will receive a certificate of completion.

To be awarded a Bachelors, Masters or Doctorate in Lions University, Lions must complete 10 required courses and at least 5 electives of their choosing. Once these classes are complete you can apply for graduation!  
 Easy!

To receive your diploma, you must then personally attend one of the USA/Canada Lions Leadership Forums that are held annually. **The good news is the 2023 Forum will be held in Reno, Nevada!!** So, if we can get several club members from our district to complete this interesting training over the next year maybe we can travel together to this and have a graduating 4L5 class celebration!!!!

**Bachelor's Program:** This program allows Lions to develop the skills necessary to lead a vital Lions Club. Courses are directed to the skills needed to be a great club leader.

**Master's Program:** This program focuses on giving support to clubs through district leaders. This program is aimed at District Level Leaders - District Governors, Vice District Governors, Zone Chairs, District Committee Chairs, Certified Guiding Lions, and other leaders that are ready to foster quality clubs in their District.

**Doctorate Program:** This program focuses on skills needed to be a training facilitator for adult volunteers. In effect, Lions who have completed the Doctorate Program are prepared to be great trainers of other Lions.

For more information [Lions University – A Comprehensive Lions Club Leader Development Program](http://www.lionsuniversity.org)  
[www.lionsuniversity.org](http://www.lionsuniversity.org)

Excerpt from

Here is the link

[USA/Canada Lions Leadership Forum | \(lionsforum.org\)](http://lionsforum.org)

"UP AND AWAY WITH LEADERSHIP"  
 14 – 16 September 2023  
 Reno, Nevada



Join the Lions of California  
 as we host the Forum

There are volunteer  
 opportunities for everyone!

For more information contact:  
 Linda P Wagner-Griffin  
 Host Committee Chairman  
[pdgindagriffin@sbcglobal.net](mailto:pdgindagriffin@sbcglobal.net)  
 510.507.1080



2023 USA/Canada Lions Leadership Forum

Start	09/21/2023
	8:00 AM (PDT)
End	09/23/2023
	10:00 PM (PDT)
Location	Reno, Nevada
Registered	<a href="#">371 registrants</a>
Registration	(depends on selected options)
Base fees:	
	• Early Bird – \$285.00
	• Leo Registration – \$150.00
	<input type="button" value="Register"/>



The largest and best Lions Club Leadership training event in the world. With over 70 seminar training sessions related to developing quality Lions Clubs and thousands of Lions Leaders share their experiences, the USA/Canada Lions Leadership Forum is for you!

*Please note: The USA/Canada Lions Leadership Forum will be documenting the Forum for promotional purposes. Your participation may be filmed, photographed, or recorded at this event. Your registration is your consent for use of these images and recordings by the USA/Canada Lions Leadership Forum.*

Here is the link  
[USA/Canada Lions Leadership Forum | \(lionsforum.org\)](http://lionsforum.org)

## PEACE POSTER UPDATES





2022-2023 District Newsletter  
District Governor Linda Amerault  
<http://WWW.DISTRICT4L5.ORG>  
4L5Districtnewsletter@gmail.com

# THE PRIDE

March 2023



LIONS INTERNATIONAL  
**PEACE CONTESTS**  
LIONS INTERNATIONAL PEACE POSTER CONTEST  
300 W 22ND ST OAK BROOK IL 60523-8842  
RETURN SERVICE REQUESTED

## PEACE POSTER KIT 2023-2024

**PPK1EN \$11.95**

Peace Poster 2023-2024 Contest Kit, "Dare to Dream". Each kit contains all the materials needed to sponsor the contest in a school or youth group, including complete rules, promotional material and recognition certificates for participants. One kit is needed for each entry sponsored. Kits are available in all eleven languages. **Kits are sold from January 15th through October 1st. Orders received after October 1st will be filled based on availability.**



*Winner of peace poster contest 2022 2023*

**Emily Andreea Paveliuc 13 yo Romania**  
**Sponsored by IASA D Lions CI**



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# THE PRIDE

March 2023

## [MD4Con | Multiple District 4 California Lions](http://md4lions.org) [\(md4lions.org\)](http://md4lions.org)

### **STUDENT SPEAKERS CONTEST**

*Now we have our Club contest winners lets get ready for the zone, district area and final contests! Winners will be announced in June edition of Pride. Good luck to all contestants and sponsoring clubs. Thank you for supporting this program.*

Zone Level on or before Monday,  
 March 20, 2023

Region Level on or before  
 Monday, April 17, 2023

District Level on or before  
 Monday, May 8, 2023

Area Level on or before Monday,  
 May 22, 2023

Final Council of Governors Joint  
 Meeting Saturday, June 10, 2023







## Spotlight on MD 4 Convention held in San Jose



DG *Linda Amerault* received an International President's Certificate of Appreciation for her work as California Lions MD-4 Treasurer presented by Past International President Joe Preston



Multiple District 4 Global Leadership Team award! left-right 2<sup>nd</sup> DVG Dr Alan Winklestein, 4L5 DG Linda Amerault, GLT Lidia Petrov Jones and 1<sup>st</sup> DVG Hank Trueba **WELL DONE TEAM**



Congratulations to Jurupa Lions



GLT Lion Lidia Petrov Jones presented at the MD4



4L5 Team working at the Magic Yarn Project



Lion Kathy McCracken reporting at MD4



Awards to our own GLT



2022-2023 District Newsletter  
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# THE PRIDE

March 2023

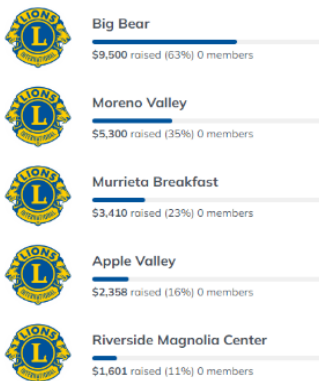
## ROSE PARADE PREVIEW

**JANUARY 1st 2024**

Theme: **Celebrating a World of Music: The Universal Language**



### Lions Tribute Day at CITY OF HOPE March 26<sup>th</sup> 2023



Lions Clubs International and City of Hope share a core principle of humanitarian service and concern. And both organizations have made tremendous contributions for the good of mankind. Lions Clubs International's support for City of Hope over the last six decades has been, and continues to be, an invaluable resource in furthering City of Hope's mission of advancing science while providing compassionate care.

That partnership continues to grow with the launch of the Lions Clubs Diabetes Innovation Fund at City of Hope. Through this newly created collaboration, researchers may find new ways to prevent and treat type 2 diabetes and its many complications. The Lions Clubs Diabetes Innovation Fund will support projects that are diverse in aims, with studies identified and prioritized by their potential. The fund will sponsor the most promising new ideas through a competitive selection process that would award up to two seed grants for a combined total of \$100,000 per year, with the potential for renewal. The selection process and oversight will be conducted by a team of expert City of Hope researchers.

Together, the Lions Clubs and City of Hope have set a global goal to confront diabetes. The experimental new research advanced by the Lions Clubs Diabetes Innovation Fund may reveal how type 2 diabetes develops. This knowledge could lead to treatments that will spare hundreds of millions of people from strokes, heart attacks, kidney disease and other illnesses that result from the disease. Through the Lions Clubs Diabetes Innovation Fund, City of Hope can continue to push the boundaries of science to discover preventative measures and advance treatments that extend quality and length of life for people living with diabetes around the world.





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# THE PRIDE

March 2023

## DG Lions Linda Amerault is bringing the MD4 project to 4L5

Saturday, March 25, 2023

Jurupa Club House

5981 Limonite Ave, Jurupa Valley

Registration begins at 9:30 am

Workshop begins at 10:00 am

Make your reservation with Cabinet Treasurer Andrea Green (951) 237-0185

\$15.00 Zelle donations can be made to [District4L5Treasurer@gmail.com](mailto:District4L5Treasurer@gmail.com)

Donations will go to Magic Yarn Project

Both men and women are invited. Space is limited.

RSVP by March 17, 2023



Homespun wigs for little cancer fighters.

Get involved and help a child fighting cancer!



**Collect yarn for beanies and princess wig hair.** Ask for more details or check our website for the specific brands and colors needed.

**Cut yarn for princess wig hair.** Each character has a specific length for cut yarn. Instructions to build a cutting board are available.



**Decorate envelopes.** Each beanie and princess wig is sent with a card in an envelope decorated specific to that character.

**Create colorful, bedazzled silk flowers.** Colors and instructions available. For Rapunzel & Moana.



**Funds are needed for supplies & shipping.** Donations can be made on the website: [themagic yarnproject.com](http://themagic yarnproject.com)

**Host a wig-making workshop.** Crochet beanies & accessories. Ask for more details.



**The Magic Yarn Project is a 501c3 non-profit organization.** All wigs and beanies are 100% volunteer made and 100% free to children. On the web, Facebook and Instagram.

**Questions...want more information?** Contact Chapter Leader & Lion Chris Graham, [chrisg5215@aol.com](mailto:chrisg5215@aol.com) West Coast Region Leader, Katie Powell [westcoast@themagic yarnproject.com](mailto:westcoast@themagic yarnproject.com) Scan for more info:





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# THE PRIDE

March 2023

## DISTRICT 4-L5 CONVENTION



Save  
the  
Date

May 18<sup>th</sup> – May 20<sup>th</sup>



22777 Soboba Rd. San Jacinto, CA 92583

THURSDAY 5/18	FRIDAY 5/19	SATURDAY 5/20
\$109	\$159	\$169

1-866-476-2622 or 1-951-665-1000

LIONS DISCOUNT CODE: 1930

Discount Deadline is April 26<sup>th</sup>, 2023



COMPLIMENTARY WIFI
























2022-2023 District Newsletter  
 District Governor Linda Amerault  
<http://WWW.DISTRICT4L5.ORG>  
 4L5Districtnewsletter@gmail.com

# THE PRIDE

March 2023

		<b>2023 District 4-L5 Convention at Soboba Casino Resort</b> <b>"It Can Happen To You"</b> Address: 22777 Soboba Road, San Jacinto, CA 92583																								
<b>2023 District 4-L5 Convention Cost per Attendee is \$150.00</b> This price includes your color printed program, custom designed 2023 Convention pin, name badge, three opportunity tickets, and both meals on Saturday.																										
<b>REGISTRANT INFORMATION: PLEASE TYPE OR PRINT. ONE FORM PER PERSON</b>																										
FIRST NAME:		LAST NAME:																								
CLUB:		CLUB AND/OR DISTRICT POSITION/TITLE:																								
TITLE AS YOU WOULD LIKE IT ON YOUR EVENT BADGE: (EXAMPLE PDG)																										
IS THIS YOUR FIRST TIME ATTENDING A DISTRICT 4-L5 CONVENTION? (CIRCLE ONE)				YES	NO																					
MAILING ADDRESS:																										
CITY:		STATE:		ZIP CODE:																						
DAYTIME PHONE:		DO YOU ACCEPT TEXTS?		YES	NO																					
EMAIL ADDRESS:																										
<b>DEADLINE TO REGISTER IS APRIL 20, 2023</b>																										
<b>SATURDAY'S DINNER EVENT THEME HAS A FAIRY TALE TWIST, "IT CAN HAPPEN TO YOU"</b>																										
<b>SATURDAY, LUNCH:</b> BE SURE TO SELECT WHICH OPTIONS YOU'D PREFER: <table border="1" style="width: 100%;"> <tr> <td style="width: 20%;">Sandwich Type:</td> <td>ALL lunches include fresh fruit, kettle chips, cookie and a soft drink.</td> </tr> <tr> <td></td> <td>Veggie Creamy Avocado</td> </tr> <tr> <td></td> <td>Turkey Club with Bacon</td> </tr> <tr> <td></td> <td>Roast Beef</td> </tr> </table>						Sandwich Type:	ALL lunches include fresh fruit, kettle chips, cookie and a soft drink.		Veggie Creamy Avocado		Turkey Club with Bacon		Roast Beef													
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<b>BE SURE TO DRESS UP AND BE ENTERED TO WIN A PRIZE! - CASH BAR WILL BE OPEN THROUGHOUT THE EVENT</b> <b>NO REFUNDS WILL BE GIVEN IF CANCELED AFTER MAY 1, 2023</b>																										
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PLEASE SEND CHECKS TO THE CONVENTION TREASURER, LION KATHY MCCrackEN: CHECK: MAKE CHECKS PAYABLE TO "DISTRICT 4-L5" WITH A MEMO "CONVENTION"  MAIL REGISTRATION WITH PAYMENT TO LION KATHY MCCrackEN: 406 W. James St., Rialto, CA. 92376																										
<b>ATTENTION DELEGATES - ONLY INTENDING TO VOTE BUT NOT PARTICIPATE IN CONVENTION ACTIVITIES:</b> <table border="1" style="width: 100%;"> <tr> <td style="width: 80%;">REQUIRED HOSPITALITY BOOK. NO MEALS ARE INCLUDED</td> <td style="width: 10%; text-align: right;">TOTAL DUE:</td> <td style="width: 10%; text-align: right;">\$40.00</td> </tr> </table>						REQUIRED HOSPITALITY BOOK. NO MEALS ARE INCLUDED	TOTAL DUE:	\$40.00																		
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<b>STILL HAVE QUESTIONS? REACH OUT TO THE CONVENTION CHAIRPERSON, LION JENNIFER AT 760-927-7672</b>																										



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# THE PRIDE

March 2023

## WHATS HAPPENING IN OUR DISTRICT (and Nearby)?

Mark Your Calendars! These are some of the GOOD places to be!

## Vest Retirement Ceremony



### **The Blythe Lions Club**

**has adopted the**

**Honorable Lions Club Vest Retirement Ceremony  
as a club project  
and is opening it up to all clubs in the 4L5 District**

**The Ceremony will follow US Flag Code retirement guidelines.**

**All 4L4 club members and family members who would like to join in properly retiring  
a past members' vest is invited to attend.**

**In conjunction, the Blythe Lions Club will sponsor a carne and pollo asada dinner starting at  
dusk on  
Saturday, March 25th, 2023.**

**Please send any vests you would like retired and any photos you wish to share to the Blythe  
Lions Club at 431 Alice Lane, Blythe, California, 92225 and we will once again take all submitted  
vests into the desert near Blythe for proper retirement.**

**If you have any questions, please contact Lion Butch Hull at [bdhull@frontier.com](mailto:bdhull@frontier.com),  
or (760)285-4873.**





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# THE PRIDE

March 2023



**Egg My Yard Fundraiser**

How would you like to wake up to a front yard full of filled easter eggs?

With the help of the Apple Valley Lions and Cubs Club you can order candy and toy filled eggs that will be scattered in your front yard on Easter weekend. It's a perfect way to surprise your children, grandchildren or neighbors and friends. We hope you are as egg-cited as we are!

Suggested donation is:

- 20 eggs for \$20
- 50 eggs for \$50
- 75 eggs for \$75

Email us at: [applevalleylionsclub@gmail.com](mailto:applevalleylionsclub@gmail.com) for a reservation form and payment instructions.

Any reservations received before March 15<sup>th</sup> will receive a golden egg.

Deadline for reservations is March 20<sup>th</sup> at 1159 pm.

Payments must be received before April 1<sup>st</sup>.

In event of rain a box with eggs will be placed at front door with a note from Easter bunny.

Eggs will contain random selection of chocolate candy, Hershey kisses®, salt water taffy, tattoos, toy goop, erasers, and mini candy bars and other random items fillers.

## CHARITY TEXAS HOLD'EM POKER TOURNAMENT

**FIRST FRIDAY OF EVERY MONTH** (Starting March 3, 2023)

Registration 6:00 p.m. – Cards in the air 7:00 p.m.

In the offices of High Desert Math Tutor (next to Juliano's Italian Restaurant) 12052 Hesperia Rd Suite 6, Hesperia, CA

**\$40 Buy-in – \$15K in chips**

**Optional \$20 – Add-On at registration – \$15K in chips**

**Optional \$10 – Donation – \$10k in chips**

100% of donation goes to: Rock'n Our Disabilities Foundation Weekly Food Bank

**Optional \$10 – High Hand – 50/50 split (no chips)**

**TOTAL – \$70.00 for \$40k in chips (\$80 with High Hand)**

**15-Minute Sessions**

**Late registration until the end of level 2**

**Reentry through level 4 (may include add on and donation)**

**You may bring your own beverage – water and soda will be available at the Honor Bar**

THIS IS A SPRING VALLEY LAKE LIONS CLUB EVENT  
 For More Information Call Lion Eric Pearson – 760-792-2542




**BUNCO**

GRAND TERRACE LIONS CLUB INVITES YOU TO JOIN US FOR BUNCO SUNDAY, APRIL 30, 2023 DOORS OPEN AT 1PM BUNCO STARTS AT 2PM GRAND TERRACE SENIOR CENTER 22627 GRAND TERRACE ROAD

PRESALE TICKETS \$25 DAY OF BUNCO TICKETS \$30



SNACKS, CASH PRIZES, OPPORTUNITY DRAWINGS

SPOTS ARE LIMITED RESERVE YOUR SPOT TODAY. CONTACT LION RUTHANNE 909-754-0004 OR LION DANI 909-855-8207. MAIL RESERVATION TO 22400 BARTON ROAD, STE 21-405, GRAND TERRACE, CA 92515

ALL FUNDS RAISED WILL GO BACK TO HELPING OUR COMMUNITY.

NAME: \_\_\_\_\_  
 PHONE: \_\_\_\_\_



The Jurupa District Lions cordially invites you to our **75th Charter Anniversary Jubilee Celebration**

on **Saturday April 29, 2023**

at the Jurupa District Lions Clubhouse  
 5981 Limonite Avenue, Jurupa Valley CA 92509  
 RSVP by April 22 (951) 236-0727

Tickets \$40



5:00 pm Social Hour No Host Cocktails  
 6:00 pm Welcome and Celebration Program  
 7:00 pm Dinner  
 8:00 pm Entertainment and Dance  
 Attire: Exceptionally stylish



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# THE PRIDE

March 2023

## LAST NUMBER OUT

**\$10 each**

### Numbers Still Available

1	2	6	9	10	14	18
	20	21	23	26	29	30
32	33	34	37	39	40	41
	42	44	46	49	51	53
54	55	58	59	64	68	72
	74	75	81	83	85	86
87	88	89	90	91	92	93
	94	96	97	98	99	



Contact Convention Treasurer Lion Kathy  
 McCracken (909) 561-1072 or  
[rialtohostlions@yahoo.com](mailto:rialtohostlions@yahoo.com)

## BITS AND BYTES FOR YOUR CLUB

### Update your Lion Account information

Make sure your Lion Account information is correct and up to date in MyLCI or your regional reporting system. Note that the new Lion Portal will require a unique, unshared email, and phone numbers will no longer be supported as a log in credential.

If you're a club president, secretary or administrator, updating member information is simple:

- Log in to the current member portal with your Lion Account credentials
- Navigate to MyLCI
- Select "My Lions Club"
- Select "Members"
- Click on the member whose information you need to update.
- Select "Edit Member" to enter in their revised email address and other updated information.





## National Slam the Scam Day March 9, 2023



### Scams are on the rise again and getting more sophisticated.

On National Slam the Scam Day and throughout the year, we give you the tools to recognize Social Security-related scams and stop scammers from stealing your money and personal information. Share scam information with your loved ones. Slam the Scam!

#### Recognize the four basic signs of a scam:

1. Scammers **pretend** to be from a familiar organization or agency, like the Social Security Administration. They may email attachments with official-looking logos, seals, signatures, or pictures of employee credentials.
2. Scammers mention a **problem** or a prize. They may say your Social Security number was involved in a crime or ask for personal information to process a benefit increase.
3. Scammers **pressure** you to act immediately. They may threaten you with arrest or legal action.
4. Scammers tell you to **pay** using a gift card, prepaid debit card, cryptocurrency, wire or money transfer, or by mailing cash. They may also tell you to transfer your money to a "safe" account.

Ignore scammers and report criminal behavior. Report Social Security-related scams to the SSA Office of the Inspector General (OIG).

[Report a Scam](#)

Visit [www.ssa.gov/scam](http://www.ssa.gov/scam) for more information and follow SSA OIG on [Facebook](#), [Twitter](#), and [LinkedIn](#) to stay up to date on the latest scam tactics. Repost #SlamtheScam information on social media to keep your friends and family safe.

Don't click on links in an email to verify your bank account.

## BANKING SCAMS

**Overpayment scams** - Someone sends you a check, instructs you to deposit it in your bank account, and wire part of the money back to them. But the check was fake, so you'll have to pay your bank the amount of the check, plus you'll lose any money you wired.

**Unsolicited check fraud** - A scammer sends you a check for no reason. If you cash it, you may be authorizing the purchase of items or signing up for a loan you didn't ask for.

**Automatic withdrawals** - A scam company sets up automatic withdrawals from your bank account to qualify for a free trial or to collect a prize.

**Phishing** - You receive an email message that asks you to verify your bank account or debit card number.

**The proper organization to report a banking scam depends on which type of scam you experienced:**

**Report fake checks you receive by mail to the US Postal Inspection Service.**

**Report counterfeit checks to the Federal Trade Commission, either online or by phone at 1-877-382-4357. Contact your bank to report and stop unauthorized automatic withdrawals from your account.**

**Forward phishing emails to the Federal Trade Commission at [spam@uce.gov](mailto:spam@uce.gov).**

How to Protect Yourself:

#### Do

Be suspicious if you are told to wire a portion of funds from a check you received back to a company.

Be wary of lotteries or free trials that ask for your bank account number.

Verify the authenticity of a cashier's check with the bank that it is drawn on before depositing it.

When verifying a check or the issuer, use contact information on a bank's website.

#### Don't

Don't trust the appearance of checks or money orders. Scammers can make them look legitimate and official.

Don't deposit checks or money orders from strangers or companies you don't have a relationship with.

Don't wire money to people or companies you don't know.

Don't give your bank account number to someone who calls you, even for verification purposes.

Don't accept a check that includes an overpayment.



## OUR ENVIRONMENTAL CAUSES

### NEXTREX Plastic Recycle project



plastic film recycling challenge/info sheet



#### How does the challenge work?

- Register on [NextTrex.com](http://NextTrex.com) to obtain access to the Trex Portal
- Determine a six-month collection time period.
- Collect a minimum of 500 lbs. or 40,500 plastic film and bags
- Weigh and record amount of film recycled each month
- Deliver the collected plastic film to a participating retailer (see list) for recycling
- Stores prefer smaller and more frequent amounts in the provided bin. Please contact store ahead of time with larger amounts.
- Report recycling totals at [mytrex.com](http://mytrex.com)

#### What does Trex provide?

- Up to three recycling bins
- Posters

#### What can I win?

- If goal is met or exceeded, group will receive a Trex bench

#### What can be recycled?

All plastic must be clean, dry and free of food residue.



register on the website: [NextTrex.com](http://NextTrex.com)

Congratulations to the following Clubs in our district who have earned a bench through the Nextrex program.

Apple Valley x2  
 Spring Valley Lake

### PDG Bob Domenigoni Memorial Pull Tab Challenge



Turn in on May 5<sup>th</sup> 2023. 10am-2pm at Loma Linda Ronald McDonald House 11365 Anderson St Loma Linda CA 92354  
 Contact Mike Perryman for information Ph 9517909491



### PACK - A - BRICK PROJECT

This is an excellent way to recycle all the other plastic.

Fill your plastic water bottles with as much plastic trash as you can and bring them to the February District gathering to hear what they will be turned into.

Contact Lion Jim Rizor for more information.

Email: [jrizor1969@gmail.com](mailto:jrizor1969@gmail.com)



Small acts of KINDNESS can have a ripple effect.

## VOLUNTEER







## 4L5 DISTRICT GATHERING IN RIALTO February 4th 2023







2022-2023 District Newsletter  
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<http://WWW.DISTRICT4L5.ORG>  
 4L5Districtnewsletter@gmail.com

# THE PRIDE

March 2023







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# THE PRIDE

March 2023

Awards, recognitions, presentations, and FUN for all.

## WOMEN IN LIONS WORKSHOP – January 18<sup>th</sup> 2023







## Princess party (Royal-Tea)

Hosted by Apple Valley Lions and Cubs Club on March 4<sup>th</sup> 2023

Not only did we have the opportunity to treat out cubbies and their friends but we also added two new members and 3 new cubbies!



## Emergency Food Drive

 **District 4-L5**   
 We Serve  
**EMERGENCY FOOD DRIVE**  
 for Crestline Communities

**Food Drive Suggested Shopping List**  
 (items not on list are also encouraged)

<b>Dry Goods</b>		<b>CANNED/BOTTLE GOODS</b>	
Cereal	Crackers	Green Beans	Pears
Oatmeal	Cookies	Corn	Tuna
Flour	Bread	Tomatoes	Chicken
Sugar	Rolls	Peas	Chili
Beans	Tortillas	Peaches	Soup
Pudding	Taco Shells	Pineapple	Pancake Syrup
Jello	Rice	<b>WATER</b>	
Dog and Cat and other pet foods			

\*\*\*Cash Donations Also Accepted\*\*\*  
 Make out checks to Jurupa District Lions Club with Emergency Food Drive on the memo line



Bring Food Donations to Jurupa District Lions Clubhouse as soon as possible  
 Transportation to the Crestline Lions Club for food distribution should begin on Wednesday.  
 Contact Jurupa District Lion President Stephanie Gwinn (951) 715-2020 for drop-off times at clubhouse

Thank you to everyone who brought donations for Crestline Monday.



Food collection for snow emergency in Crestline by Jurupa Valley Lions Clu





## Dining In the Dark



The Dining in the Dark LCIF fundraiser for our district was amazing!  
This was a wonderful experience and participants can't wait to do it again next year.  
It was at the Jurupa Lions Club house, and we enjoyed a talk from our guest speaker, Scott Quinlan, 2nd VDG District 4L4. He was accompanied by PDG Judy Barr and his seeing eye dog, Irish. He taught us how to guide a visually impaired person and all about blind etiquette. The delicious food was catered by Daisy Catering, new members of our club. There was an opportunity drawing and a board with squares that are still available to purchase for \$20,00. The winner will receive a Melvin Jones Fellow. The winners in the past have presented the award to and outstanding Lion. You could be the Lion who purchases a \$1,000 Melvin Jones Fellow for only \$20.00! Remember, Giving Is Good! Donate to LCIF.

Lion Stephanie Gwinn

Dining in the dark event Jurupa Valley Lions March 4<sup>th</sup> 2023



Counting 4000 ducks for Chamber of Commerce Easter Duck Derby.

*Thank goodness my partner and I only had 600.*

**Special thanks to the organizers of all these amazing events**



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# THE PRIDE

March 2023



Thank you to all who have supported this quarterly newsletter and who have put their time and energy into making it a reality. Everyone, please consider submitting photos articles and reviews of activities to be included in our next issue in March. Submissions must be received by June 10<sup>th</sup>, 2023, and can be emailed anytime from now till then to [4L5districtnewsletter@gmail.com](mailto:4L5districtnewsletter@gmail.com) OR [District4L5newsletter@gmail.com](mailto:District4L5newsletter@gmail.com) So don't wait till the last few days. Every time you complete an event send us your synopsis and photos. Each time you create a flyer for the next quarter add us to your email list so it will not get missed.

Please send any comments, corrections, and suggestion regarding this newsletter to the email above with the subject line 'Editor'. Thank you for your time and we hope you enjoy looking back from December 16<sup>th</sup> to March 15<sup>th</sup> in this issue and hope you find some useful information and links in its pages. If anyone is interested in learning more about creating a newsletter for your club or becoming the district newsletter committee editor in the future, please reach out as I am always happy to share what I have learned and let you build future issues into even better editions.

1<sup>st</sup> VDG Lion Hank Trueba has requested I continue creating newsletter for his 2023-2024 term which I have agreed to and thank him for his trust in our team to do this.

Respectfully submitted.  
Lion Donna Rollins  
District 4L5 Newsletter Editor



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# THE PRIDE

March 2023

## Our Service



Lions are a global force for good.

Lions Clubs International is the largest service club organization in the world, with more than 1.4 million members in 48,000 clubs serving 200 countries and geographic areas worldwide. Since our founding in 1917, we have been proving that where there's a need, there's a Lion.

### Kindness matters to Lions.

Our motto is "We Serve" and Lions put it into action every day. We're caring men and women who come together to be the difference in our communities. We believe we can do so much more together than we can alone.

### Lions serve global causes.

Lions around the world are rallying around the five global causes of vision, hunger, the environment, childhood cancer and our new global focus, diabetes. We have set a goal of serving 200 million people a year through these causes and other humanitarian initiatives.

### Lions empower young people.

We believe young people are the leaders of tomorrow. And today. Our Leo clubs give young people opportunities to become volunteers and service leaders, developing new skills and a lifelong passion for service. Approximately 180,000 Leos in 7,200 clubs are serving more than 140 countries worldwide.

We also provide valuable local services to youth such as mentoring, health programs and scholarships. Internationally, we empower youth through our Peace Poster Contest, youth camps and exchanges, and the Lions Quest program that has helped provide positive life skills to over 16 million students.

### Our Foundation empowers the service of Lions.

We also help our global neighbors through the support of our Foundation, Lions Clubs International Foundation (LCIF). LCIF has awarded more than US\$1.1 billion in grants to support Lions' humanitarian projects. In 2020, LCIF donated millions of dollars in emergency grant funds during the coronavirus (COVID-19) pandemic, providing critical supplies and equipment to hospitals, medical clinics and emergency management systems, including front-line health care workers and first responders.

### Lions are making a world of difference.

Every day, every way, Lions are investing their time, talents and resources in the communities where we live, work and serve. We believe there is no challenge that can't be overcome when we unite for good.



**Lions Clubs International**

300 W 22ND ST | OAK BROOK IL 60523-8842 USA | PHONE 630-571-5466 | FAX 630-571-8890 | [lionsclubs.org](http://lionsclubs.org) PR799 EN 5/20





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# THE PRIDE

March 2023

## Final Thought

