



## MESSAGE FROM OUR VERY OWN DISTRICT GOVERNOR DG LION HANK TRUEBA

**"MOVING FORWARD TOGETHER"**



Welcome to 2024! Can you believe we are in the last half of this Lions Year already! What a great time I am having and how excited I am for all the accomplishments and club service projects I can watch happening. You all make me proud.

This past week I was promoted to Grandpa for the 6<sup>th</sup> time with the arrival of the sweetest baby granddaughter. It is humbling to think of the responsibility we have to build a better world for her to grow up in than what we have now. Lions all over the world share that goal in their communities and by making ripples where we can flood the world with goodness for these little ones to grow up in.

Hey! Have you heard about the MD4 Convention coming to town?

Yes, it is right here in your district and less than a month from now you can be sharing ideas, fellowshiping, and making new friends and connections and planning projects with like-minded Lions from all over California. This event has taken massive amounts of time and team effort. I will be the first to say without the Lions of 4L5 stepping up (and in some pole vaulting), it would not be coming together so well. Special thanks to PDG Fred Caldera and Lion Cheri Caldera, PDG Rob Manning and the entire DL5 Cabinet for your diligence and dedication. Now I am hoping to see everyone at the convention! You don't have to travel long distances to be a part of this and I am so excited to showcase our beautiful district. Please send volunteers and participants from every club so they can go back and share all the good things going on and be a part of history as we vote for the next International Director from the three amazing candidates running for the position.

*Lion Hank Trueba  
Lions 4-L5 District Governor*

### AUGUST 2023

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2023-2024 District Newsletter

District Governor Hank Trueba

<http://WWW.DISTRICT4L5.ORG>

4L5Districtnewsletter@gmail.com

February 2024 Volume 4

# THE PRIDE

**District 4L5 Meeting  
South Citrus Region  
February 3, 2024 Saturday**



**Location: First Baptist Church Rialto**

**Address: 222 Bloomington Ave,  
Rialto, CA 92376**

**Cabinet Meeting 8 AM  
District Meeting 9 AM**

**\$15 to attend meeting  
Includes Continental Breakfast  
and Lunch**

**RSVPs will be pay at the door or  
send check to  
District 4L5 22400 Barton Road #21-496  
Grand Terrace CA, 92313-5008  
Memo: District Meeting**



**Please provide an opportunity drawing for the District Meeting  
from your club, to support the 4L5 District.**

## Special Guests:

**3 Candidates for  
International  
Director will be  
attending**

## RSVP Needed By 1/29

**RSVP needed to  
[gtliondani@gmail.com](mailto:gtliondani@gmail.com)  
or 909-835-8207**

## Reminder

**A reservation  
made is a  
reservation paid.**



2023-2024 District Newsletter

District Governor Hank Trueba

<http://WWW.DISTRICT4L5.ORG>

[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

February 2024 Volume 4

**THE PRIDE**



## First Vice District Governor Message

### OPEN INVITATION to ALL DISTRICT 4-L5 LIONS

Everyone is welcome to join us on

**Saturday, March 30<sup>th</sup>, 2024.**

**9:00 am until 1:30 pm**

**at the**

**Eddie D. Smith Senior Center in Jurupa Valley**

Because we need your input to determine the future direction of District 4-L5.

Lions International has established some goals for our District, however, we need to hear from **YOU** how to best implement these plans.

Whether you have been a member for thirty years or thirty days, we want and need to know what you as a Lions Club member need, what your Club needs and what your District needs to thrive in the future.

What challenges do we all face and how can we overcome them?

What as Lions do we do exceptionally well and how can we build on that?

The District leadership does not have all the answers and that is why we need your assistance, so please join us on Saturday, March 30<sup>th</sup>. The program will be overseen by Past District Governor Manny Sanchez from District 4-L2. It would be amazing if there was at least one representative from each Club present, but there is no limitation on how many Club members can attend.

To reserve a space at this planning session for the future of District 4-L5, please RSVP by email to [District4L5.VisionwithAction@gmail.com](mailto:District4L5.VisionwithAction@gmail.com).

Lunch will be provided for all in attendance. We look forward to your active participation.

If you have any questions, please contact 1<sup>st</sup> Vice District Governor Alan Winkelstein at [liondrwink@gmail.com](mailto:liondrwink@gmail.com).

Dr Alan Winkelstein

First Vice District Governor



## 2<sup>nd</sup> Vice District Governor Message

Happy New Year!

I hope you all had a wonderful holiday season and are looking forward to a prosperous and fulfilling 2024. We started the New year off right. The Canyon Lake lions presented me with a donation check for the Lions float. Unbeknownst to them, I purchased "Ride of your life" tickets and put their club name on the tickets. People from around the world purchased tickets online and the Canyon Lake Lions won! Our very own, Lion Tina Visser from Canyon Lake, rode on the Lions float in the Rose Parade! She is the beautiful lady standing on the front of the float. I hope this inspires you to purchase ride of your life tickets next year.

Roaring on Route 66

Governor Hank Trueba brought the California Lions Multiple District Convention to our district, right here in Riverside! The dates are February 23- 25. Here is the link: <https://md4lions.org/convention> . If you have never been to a Lions State convention, now is your chance. There will be several classes and learning opportunities to attend.

I want to thank members of our district who have worked on the convention committee, starting with Governor Hank Trueba and Lion Patty Tureba, a huge thank you to PDG Fred Caldra and Lion Cheri Caldra for stepping up and doing an outstanding job organizing the committee, PCC Rob Manning, PDG Phil Burch, PDG Ken Reed, 1VDG Lion Dr. Alan Winkelstein, 2VDG Stephanie Gwinn, Lion Dani Bubier, Lion Kathy McCracken, and Lion LaRue McNamera. We have worked on this committee for almost a year. Thank you to all the volunteers that signed up to help us during the convention. If you wish to help, please contact Lion Kathy McCracken or PDG Phil Burch.

Come Roar on Route 66 with us!

Stephanie Gwinn

Second Vice District Governor



## DISTRICT 4-L5 OFFICERS AND COMMITTEE CHAIRS

District Governor Hank Trueba (951)300-8718 [truebafam@aol.com](mailto:truebafam@aol.com)

1<sup>st</sup> VDG Alan Winkelstein (951)265-1044 [londrwink@gmail.com](mailto:londrwink@gmail.com)

2<sup>nd</sup> VDG Stephanie Gwinn (951)818-3083 [neffie.net@gmail.com](mailto:neffie.net@gmail.com)

Cabinet Secretary Sharyl Adams-Williams (951)775-3767  
[swilliams1@hemetusd.org](mailto:swilliams1@hemetusd.org), [swilliams@rcoe.us](mailto:swilliams@rcoe.us)

Cabinet Treasurer Dani Bubier (909)835-8207 [gtliondani@gmail.com](mailto:gtliondani@gmail.com)

IPDG Linda Amerault (909)224-6086 [lionlindaamerault@gmail.com](mailto:lionlindaamerault@gmail.com)

Budget and Finance Chair

Budget and Finance Advisor Jane Van Norstrand (909)240-3491  
[janevfan@aol.com](mailto:janevfan@aol.com)

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Convention Chair Kathy McCracken (909)561-1072 [rialtohostlions@yahoo.com](mailto:rialtohostlions@yahoo.com)

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Global Leadership Lidia Petrov Jones (909)489-8024 [lidiasav@hotmail.com](mailto:lidiasav@hotmail.com)

Global Membership Bob Niez (714)747-6871 [aplumbinginc@aol.com](mailto:aplumbinginc@aol.com)

Global Service Kathy McCracken (909)561-1072 [rialtohostlions@gmail.com](mailto:rialtohostlions@gmail.com)

Women's Development Faye Hampton (909)908-4577 [just4faye@att.net](mailto:just4faye@att.net)

Diabetes Chair Lidia Petrov-Jones (909)489-8024 [lidiasav@hotmail.com](mailto:lidiasav@hotmail.com)

Disaster Chair Fred Caldera (760)559-2325 [fcalderast67@gmail.com](mailto:fcalderast67@gmail.com)

District Tail twister Catherine Johnson (909)338-5758

District Events Coordinator Camille Roberts [camillelopez@hotmail.com](mailto:camillelopez@hotmail.com)

Special Awards Ed and Soledad Morden (909)820-7595  
[soledadmorden@gmail.com](mailto:soledadmorden@gmail.com)

Leo District Chair

Desert Region Linda Molina (626)731-2335 [arcs8lady@gmail.com](mailto:arcs8lady@gmail.com)

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Desert Zone B Irasema Guzman (951)208-9224 [iragguz1@gmail.com](mailto:iragguz1@gmail.com)

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South Citrus Zone A Diana Rios (909)262-3512 [dizzyangel@live.com](mailto:dizzyangel@live.com)

South Citrus Zone B Shirley Varner (951)833-2205 [ssvarner@netzero.net](mailto:ssvarner@netzero.net)

North Citrus Region Chair

North Citrus Zone A Diane Havey (714)343-1382 [gbskfkje@yahoo.com](mailto:gbskfkje@yahoo.com)

North Citrus Zone B Jennifer Simpson(760)927-7672 [jensimpson82@gmail.com](mailto:jensimpson82@gmail.com)

Valley Region Chair

Valley Region Zone A Malia Bryant (310)597-0304 [maliabryant@hotmail.com](mailto:maliabryant@hotmail.com)

Valley Region Zone B Camille Roberts (951)236-2257 [camillelopez@hotmail.com](mailto:camillelopez@hotmail.com)

Nominations Committee Chair Phil Burch (951)282-5621  
[lionphilburch@gmail.com](mailto:lionphilburch@gmail.com)

Newsletter Donna Rollins (760)628-4689 [donnamarirollins@icloud.com](mailto:donnamarirollins@icloud.com)

Parliamentarian La Rue McNamara (951)244-6470 [yankee411@verizon.net](mailto:yankee411@verizon.net)

District Chaplain Linda Titus (209)981-2363 [lindajtitus@gmail.com](mailto:lindajtitus@gmail.com)

Student Speaker Foundation

Rose Parade Float Alan Winkelstein (951)265-1044 [drwink@drwink.com](mailto:drwink@drwink.com)

Sunshine Chair Barbara Daniel (909)795-1454 [barby4557@gmail.com](mailto:barby4557@gmail.com)

## GOVERNORS VISITATION SCHEDULE

**February Thursday 1st 6 PM Lucerne Valley**  
**February Tuesday 27<sup>th</sup> Barstow**

**March 7<sup>th</sup> Thursday Big Bear**  
**March 13<sup>th</sup> Wednesday 5PM Spring Valley Lake**

**Big Pines Teresita Pines TBD**  
**Chuckwalla Valley Lions Club (DESERT CENTER) TBD**  
**Temecula TBD**  
**Canyon Lake TBD**  
**Blythe TBD**



**Lions Clubs International**  
**FOUNDATION**

## Congratulations on the Melvin Jones Award

Congratulations to Donna Rollins for purchasing the square and winning the Melvin Jones Fellow at our last District Convention!



On Monday, January 22<sup>nd</sup> 2024, Lion Donna and the entire Apple Valley Lions and Cubs Club along with PCC Liz Crooke, PDG Ken Reed, PDG Fred Caldera and 2<sup>nd</sup> VDG Stephanie Gwinn and guests proudly presented Mrs Linda Cox with the Melvin Jones

Fellow.

Linda is a long time Apple Valley resident of over 50 years and has served in education her whole career. In 2023 she was asked to judge a student speaker contest and she stepped up without hesitation and was excellent choice. Unaware she was getting the award at this meeting her genuine shock and surprise made it even more special. Surrounded by 2 of her daughters and 4 of her granddaughters she listened as a tribute read by AV Lions Club Chair Lion Lisa Sutton, quoted her son as saying “Her sharp intellect, energetic and contagious enthusiasm, and trustworthy character shine light and life to everyone around. ... She loves the life she has created, always generously offering her knowledge and experience when needed. She gives out of love, serves with a sense of duty and honor and because of this is the best Mom there is.” ALL who know Ms Linda are in agreement with every word and we were honored to recognize her in this way.

Linda is not a Lion (yet), but she exemplifies the spirit of Lionism through her dedication to her faith,

her family, and her community. Since we wanted this award to reflect the global causes Lions



**LIONS CLUB INTERNATIONAL**

**District 4 L5**

*PRESENTS*

**LIVE  
MUSIC  
ACOUSTIC**

**Fundraising Event**

February 29, 2024 - 6:00 to 10:00 PM  
Location: 5981 Limonite Ave., Jurupa Valley CA 92509  
Doors Open at 6pm/Ticket Entry \$40  
Includes: Appetizers and Soft Drinks.

Wine Tasting and Beer for Donations



**Silent Auction**

Contact Stephanie Gwinn at 951-818-3083 to RSVP and for more info.

International promotes she was an easy selection for the award. For over 14 years she has been employed as a teacher of our High Desert visually impaired students travelling throughout the area to serve the students and bring them resources and strategies to enhance their learning and has made their lives immensely better with her work.



## \*\*FINAL DAY TO APPLY IS TODAY!\*\*

### The Lions International Marketing Award

Club marketing is a great way to recruit new members, spread the word about service activities and increase visibility in the community. And now, your club has the opportunity to gain recognition for its marketing efforts with this exciting new award!

[View the 2022-2023 winners](#)



### What you could win

Don't miss your chance to win these exclusive prizes!



US\$2,000 cash award (or its equivalent) for winning clubs



Trophy presented to the club



One downloadable certificate per club to print for each member



Complimentary LionsCon registration for two club members plus guests (4 total)

### Timeline

Below is an outline of when each step of the Marketing Award process will begin. Please note that the marketing campaign submitted for award consideration must be completed between July 1, 2023 and February 1, 2024.

#### July 2023-February 2024: Lions and Leo clubs apply

- Club marketing chairperson or club president submits the online application by February 1, 2024.

#### March 2024: Marketing committee selects winners

- The marketing committee reviews the finalists and selects the winners, one from each Constitutional Area.

#### April 2024: Winning clubs notified



## Message from PDG Bob Neiz - Global Membership Chair



### HAPPY NEW YEAR LIONS DISTRICT 4L5.

Take a moment and think about all the people that you and your club and our district were able to help throughout the past year. No seriously – take that moment. Sometimes we get so entangled in the worries of today we forget the good of yesterday. Do you understand what an amazing impact Lions have made in our communities? Others may not throw a parade, write our achievements in the sky or even publicise our work in the local newspaper but that doesn't mean we should forget the impact we have every day and take pride in being a Lion who is making our world better every day.

If you remember one or more club events that you organised in 2023, I hope it can lead to thinking about what 2024 can hold. We have an entire 12 months of blank slate to fill, and the possibilities are endless.

Our LCI has added three global causes onto the already 5 amazing ones we have. The eight global causes are Hunger, Vision, Pediatric Cancer, Environment and Diabetes and now we add Youth, Disaster Management and Humanitarian causes to the spotlight.

#### HEAR US ROAR IN 2024!

Yes, I know we are not in this for the awards – but recognition still has merit. How about working toward the governor service patch this year by addressing a project in each of these global cause areas.

There is no limit to how many projects you can do or the size and reach each project has.

Hunger – food drive, can drive, make a meal for a community group, Ronald McDonald House, ....

Vision – Participate in a CLFIS Vision Screening, eyeglass processing, eyeglasses across California ....

Pediatric Cancer – pull tab collection, City of Hope events, 5K or fun walk.

Environment – Street clean up, bags to benches, clothing drives,

Diabetes – Host a screening, collect supplies for reissue, participate in a training, volunteer at camp,

Youth – host a movie night, help at sports games, support a local school event.

Disaster – donate supplies,

Humanitarian – local or global the needs are great. Recycle clothes, shoes, collect socks, hygiene items for local rescue and shelter facilities.

And always a club allocating funds to LCIF or a reputable organisation can make a difference you cannot see but is still impactful.

And by being out in the community and engaging community members in meaningful projects we can in turn build our numbers. People are returning to attending events after a few years of being uncertain and having limited opportunities. Needs have changed for many, and economics are a consideration more than ever. But people need people contact and interaction so providing a way to get people out interacting can lead to more people wanting to know and learn about Lions and maybe even joining our local club. Membership is the one resource we need to grow our organization and community involvement is how we get members.

I am excited to watch the clubs in our district this year and know you are all making a huge positive difference in all those you reach.





## Message from Lidia Petrov-Jones, Global Leadership Chair and Global Extension Chair 2023-2024

Learn. Lead. Grow.

In this article I would like to stress the importance of training and learning.

➤ **First, let me ask you: Why is Member Orientation Important?**

Member orientation is more than just informing members, it also helps to inspire and motivate them to become engaged in service, leadership, and bring in new members. Are you having New Member Orientations in your Club?

You can access all the materials to train you new members at:

<https://www.lionsclubs.org/en/resources-for-members/resource-center/member-orientation>

➤ **Why is Member Sponsoring and Mentoring for a training Program important?**

The New Member Sponsors also have the responsibility of mentoring and following up to make sure the member they just sponsored is made to feel welcome and is engaged in club activities. A mentor is often a trusted advisor and role model.

- **Secretary, Treasurer, Zone/Region, etc. trainings are** all important roles. We need a yearly refresher because there is always something new or that you did not know before.
- **Regional Lion Leadership Institute**



Most of the Districts in MD4 California Lions put aside a budget to send Lions to Institutes. Please save the date for the Regional Lions Leadership Institute in March 22-24 in Anaheim. Due date to sign in is **February 24, 2024**.

Let me know if you are interested in going at [lidasav@hotmail.com](mailto:lidasav@hotmail.com)

➤ **Lions Learning Portal**

Why do we have a Learning Portal in LCI?

To learn, lead and grow. Most of the trainings are here. Take a tour.

When you log in with your member credentials, you can access the "Learn Modul



Learn



It will show the available Institutes, local training, reports and your completed trainings.

Click on the online training "go" button and it will take to lots of training you can do at **your own pace**.



## Online Training

- Take free online courses
- Encourage your personal growth
- Access leadership tools and insights

## Lions Learning Center

GO

**If you have not heard before, now you know that Lions are on a MISSION?**

**Mission 1.5:** *Is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before.*

Watch empowering videos and resources in the below link.

<https://www.lionsclubs.org/en/resources-for-members/mission-to-grow>

## MISSION 1.5 awards

Every mission has its rewards. In the case of **MISSION 1.5**, the ultimate prize will be the lasting effect a growing membership has on our capacity to serve those in need. But along the way, there will be opportunities to earn unique signature pins, plaques and banner patches in recognition of specific **MISSION 1.5** milestones and achievements.

<https://www.lionsclubs.org/en/search-results?keys=MISSION+1.5+Awards>

➤ **And finally, do not forget to have fun:**

### MAKE BEING A LION FUN IN YOUR CLUB!!!

#### Kindness, Relationship Building

- ✓ Camaraderie and personal contact
- ✓ Embrace and include ALL members
- ✓ Be Kind to Everyone
- ✓ Listen to Everyone
- ✓ Invite members to social events
- ✓ Invite members to bring a guest
- ✓ Plan a social event in January like Wine Tasting!
- ✓ Provide and invite them to a Christmas gathering and provide a small gift
- ✓ Check in with Members who have not been active
- ✓ Extend the Christmas party invite to past members and prospective members

#### Communication

- ✓ Call them, invite them and email them
- ✓ Send out a newsletter
- ✓ Listen to everyone
- ✓ Recognize issues and deal with them
- ✓ Bulletin
- ✓ Survey the members and find out what they would like to change, drop or add
- ✓ Establish a calling committee

#### Projects, Projects, Projects

- ✓ Involvement! Keep members busy
- ✓ Look for and incorporate members special skills
- ✓ Assign them to specific projects and jobs
- ✓ Help local small nonprofits succeed
- ✓ Listen to their ideas for projects and Fundraisers
- ✓ Live events
- ✓ Ask members to co-chair an event

#### \$\$\$

- ✓ Reduce dues to be more cost effective
- ✓ Pay for them to go to district meetings
- ✓ Provide transportation for elderly or infirm
- ✓ Make funds available for special projects

#### Meetings

- ✓ Inclusive meetings: virtual and in-person
- ✓ (1) Social Meeting a Month with a Meal & Speaker
- ✓ (1) Business meeting a month no charge and no food
- ✓ Keep meetings to no more than 1 hour

Feel free to add to the list!

## Let's Stay Stronger together at every level!

If you have a question, please ask.

Click here to go to web page

[MISSION 1.5 | Lions Clubs International](https://www.lionsclubs.org/en/resources-for-members/mission-to-grow)



## Message from Lion Kathy McCracken -Global Service Chair

### Message from our Global Service Chair Lion Kathy McCracken



#### Multiple District Four - California Lions SERVICE

The Challenge to Increase Membership is to Provide More Service! As we move forward in meeting the Challenge, we all need to realize it is more than just adding membership!

MISSION 1.5 is also a worldwide effort in increasing service. It is a challenge to serve One Billion people by 2027. The only way we as an organization will be able to accomplish that goal is to add New Clubs and re-energize our clubs with New Members. It has been proven that through service we gain new membership.

As a member of this worldwide service organization, we need to ask ourselves:

1. Does our community know what do we do?
2. Does our community know who Lions are?
3. How do we represent our communities?
4. How does our community see us as a service minded organization?

There are many tools and resources available to all clubs and members. All you need to do is ask. If you have any questions, pertaining to Service Reporting or the MD4 Project Care service program, please reach out to your MD4 Service Coordinator, **Lion Kathy McCracken your District GST (Global Service Team) Coordinator.**

Below are some service resource tools for your use:

Link to: Service Journey—Service Toolkit Link to: Service Reporting

Link to: Service Programs Link to: Service Journey—Service Project Planners

### District 4 L5

July 1, 2023 - June 30, 2024

108,918  
People Served

1,053  
Service Activities Completed

29,371  
Volunteer Hours

\$49,463  
Funds Donated(USD)

\$63,181  
Funds Raised(USD)



### Project Care – 3<sup>rd</sup> Quarter Vision & Youth

Report your service activities by April 15<sup>th</sup>

- ❖ Eyes Across California, eyeglasses collection, vision screening just to name a few for Vision projects
- ❖ Student Speaker Contest

A few ideas



## LION CLUBS INTERNAIONAL



**NEW YEAR'S RESOLUTIONS**

- HAVE FUN
- GROW MY CLUB MEMBERSHIP
- SUPPORT THE FOUNDATION
- INTRODUCE A FRIEND TO LIONS
- PROMOTE LIONS MORE
- ENGAGE WITH NEW VOICES AND LEOS
- PROMOTE PEACE AND UNDERSTANDING
- CONNECT WITH COMMUNITIES
- INSPIRE OTHERS
- TELL PEOPLE ABOUT THE GOOD WORK WE DO



Dear Lion Leader,

We are continuing to make progress toward the new Lion Portal and are grateful to the Lion testers playing such a critical role in this project. At the October board meeting, several additional factors were identified that necessitate additional development and testing time. As such, we have determined that our January 2024 launch is no longer a realistic target. We will update our digital products page to reflect this update.

Our priority remains creating a positive user experience for our Lions, and we appreciate your support and collaboration as we diligently work toward this enhanced digital experience — together.

Sincerely,

Sue Ben  
Chief of Technology  
Lions International



Click here to be taken to a digital copy of the latest

Lions Magazine [Lion Magazine](#)



### Link to IP Lion Patti Hill video for Melbourne LCI Convention

[https://www.facebook.com/reel/246671431774706/?s=single\\_unit&\\_\\_cft\\_\\_\[0\]=AZXrOkZ73S4\\_lwKIXh\\_67RvPJ6bKa36xElvqRk1CRmyTQJehohots6XRLobtotteh15TItEcrkQFzxIxaU98G5vJOv9XqQVX6jx1ZstqBjc6eSjIj9YzomWrEPcEvd5p4mKbyjFjBV1NEgCHoQ2BT\\_kA\\_KLUIi944M5Tlad7i4eR5df5a7Jvfb0-97nH54okO7pplFtMfKnqRhl7os5Th\\_Qo53z&\\_\\_tn\\_\\_=HR](https://www.facebook.com/reel/246671431774706/?s=single_unit&__cft__[0]=AZXrOkZ73S4_lwKIXh_67RvPJ6bKa36xElvqRk1CRmyTQJehohots6XRLobtotteh15TItEcrkQFzxIxaU98G5vJOv9XqQVX6jx1ZstqBjc6eSjIj9YzomWrEPcEvd5p4mKbyjFjBV1NEgCHoQ2BT_kA_KLUIi944M5Tlad7i4eR5df5a7Jvfb0-97nH54okO7pplFtMfKnqRhl7os5Th_Qo53z&__tn__=HR)

### Future LCI Conventions

- 2024 June 21–25 Melbourne, Australia
- 2025 July 4–8 Mexico City, Mexico
- 2026 July 3–7 Atlanta Georgia, USA
- 2027 July 2–6, 2027 Washington DC, USA
- 2028 June 23–27 Singapore



## Lions Day at the United Nations (LDUN)

### Be a part of our global partnership

Join Lions, Leos, U.N. diplomats, dignitaries and other guests in the global conversation about this year's theme, "World Peace and Environmental Stewardship." #LDUN

#### Event information

- New York City, USA – This event and supporting materials will be offered in English only.
- Vienna, Austria – This event and supporting materials will be offered in English, German, French and Italian only.

New York City, USA // March 1, 2024



Vienna, Austria // March 25, 2024



### Event registration

Registration is required to attend the meeting at the United Nations. The registration fee collected will cover the cost of attendee giveaways including a Lions International padfolio, pen, commemorative event pin, presidential pin and printed souvenir program. There is no registration fee associated with attending the meeting at the United Nations.

The deadline to register is **Friday, February 16, 2024** — no exceptions will be made after this date.

Pricing for LDUN Program is as follows:

- Lion LDUN program: US\$50.00
- Leo LDUN program: US\$30.00
- Non-Lion guest LDUN program: US\$50.00

Additional LDUN activities:

- Lion celebration reception: US\$60.00
- Leo celebration reception: US\$15.00



## LEARNING CENTER

### USA CANADA LIONS FORUM

## SAVE THE DATE TO SET THE PACE

STEVE SHERER, GENERAL CHAIRPERSON

I am truly honored to be General Chair for the USA/Canada Lions Leadership Forum to be held in Louisville, Kentucky, September 5-7, 2024. We are off to a great start due to the foundation that was set in Reno, Nevada, last month.

Thank you to our General Chair Lion Jama Wahl, Host Committee Chair Linda Wagner-Griffin, and their committees for a great Forum in Reno. There were outstanding seminars and dynamic speakers. Nearly all who attended had a great time. The fellowship and exchanging of ideas that takes place at the Forum are the greatest reasons for attending, and Reno was no exception.

We have put together a great committee and there is no time to rest. We have made our initial trip to Louisville and the planning has already begun to put on a quality event next September. The Kentucky International Convention Center (KICC) is a great facility and will house all the Forum events, except for the delegation breakfasts. The education team is already putting together the list of seminars to be presented. WE have great speakers and events planned and will outline them in future

newsletters. The headquarters hotel is the Galt House, which is the only hotel with a river view in Louisville. It is within walking distance of the convention center, and you can use the enclosed walkway on the second floor. The only street to cross is to enter the KICC. In fact, all five hotels under contract for the event are within walking distance and shuttle transportation should not be necessary.

Please keep up to date on all info about the Forum at our website [www.lionsforum.org](http://www.lionsforum.org). Registration is also now open on the website.

We promise to put on an outstanding Forum and look forward to your being in Louisville next September, where we, like the racehorses at Churchill Downs, will SET THE PACE to leadership and service.



### Future Host Cities

2024 Louisville, Kentucky

2025 Atlantic City, New Jersey

2026 Memphis, Tennessee

2027 Huntsville, Alabama



## CUB, LEO and YOUTH CLUB PAGE

One of our newest cubs in the district was "bibbed" on January 22<sup>nd</sup> 2024 in Apple Valley.



*PCC Liz Crooke bibbing Baby Garcia as she starts her Lions journey at 2 months old.*

## Training for youth protection offered on BSA

[Youth Protection | Boy Scouts of America \(scouting.org\)](https://www.scouting.org)

### Lions QUEST Programs

#### Lions Quest Program Grant

**Amount:**

Up to \$50,000 for on single or sub-district, or \$150,000 for multi-districts; 3-to-1 matching grants.

**Application:**

Due 90 days prior to the LCIF Board of Trustees meeting. May 1 application deadline for August meeting, October 1 application deadline for January meeting and February 1 application deadline for May meeting.

**Purpose:**

This grant opportunity is designed to support the development or expansion of the Lions Quest program where Lions have a detailed plan with commitment from local schools to implement the program, or in areas where Lions quest has been active for years but where a considerable number of schools are not covered. Applicants should also identify specific communities where needs are greatest and focus extra attention on those areas.

- Funds may be used to:
- Train teachers and trainers
- Translate curriculum and training materials
- Print or purchase curriculum materials
- Conduct monitoring, evaluation, and promotional activities
- Pay for a limited amount of administrative expenses

Learn more at [www.Lions-quest.org](http://www.Lions-quest.org)



## Vision

### Upcoming Vision Screening.



NEXT VISION SCREENING  
 Blythe, Ca  
 Feb. 03

TODAY IS  
 JAN  
 23

VIEW ALL +

FIND AN EYEGLASSES DROPOFF  
 LOCATION NEAR YOU

ENTER YOUR ZIP CODE ▶

- EYE CARE PROFESSIONALS
- WAYS YOU CAN HELP
- WHAT PEOPLE ASK
- ABOUT US
- LIONS PLACE
- DONATIONS & APPAREL

DATE	CITY	LOCATION	TIME
February 3, 2024	Blythe, Ca	Zion Lutheran Church, 721 E. Chanslor Way, Blythe, CA 92225	8:00 am
February 10, 2024	Santa Paula, Ca	Church of Christ, 276 W. Santa Paula St, Santa Paula, CA 93060	8:00 am
March 2, 2024	Pasadena, Ca	Salvation Army Tabernacle, 960 E. Walnut Street, Pasadena, CA 91106	8:00 am
March 9, 2024	Tustin, Ca	Columbus Tustin Middle School, 17925 Beneta Way, Tustin, CA 92780	8:00 am
March 16, 2024	Gardena, Ca	Ken Nakaoka Community Center, 1670 W 162nd St, Gardina, CA 90247	9:00 am
April 27, 2024	Apple Valley, Ca	Church of the Valley, 20700 Standing Rock Ave, Apple Valley, CA 92307	8:00 am
May 11, 2024	Chino, Ca	Chino Community Building, 5443 B Street, Chino, CA 91710	8:00 am
September 14, 2024	La Habra, Ca	Boys & Girls Club of La Habra, 1211 Fahringer Way, La Habra, CA 90631	8:00 am
October 13, 2024	Oxnard, Ca	(Sunday) Our Lady of Guadalupe Church, 500 N Juanita Ave, Oxnard, CA 93030	8:00 am





T

## George P. Cheng, MD Children's Vision Screening Program KidSight Volunteer Training

N

H

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K



**Date:** Wednesday, April 17, 2024

**Time:** 10 am - Noon

**Location:** Loma Linda University  
 Faculty Medical Offices  
**FMO- 1800 Library**  
 11370 Anderson Street  
 Loma Linda, CA 92354

**RSVP:** Vanessa Rico  
 ☎ 951-846-2647  
 ✉ [Vrico@llu.edu](mailto:Vrico@llu.edu)

**Parking:** You will be able to park in front of the Faculty Medical Offices building, in the patient/visitor parking or the P4 parking structure across the street from the Children's Hospital.

**Directions to find the FMO-1800 Library:**

1. Enter from the parking lot, on level 1 (see image)
2. Turn right and walk all the way down to the Eye Institute, Office 1800
3. After entering the Eye Institute office, it will be 2<sup>nd</sup> door on the left (across from the front desk)
4. If door is closed, ask front desk staff to direct you to the 1800 FMO Library



YOU



## KidSight Message from PCC Rob Manning

Dear Desert Region Kidsight Screeners.

Attached is our totals for 2023.  
 Great Job!!! Over 6,000 kids screened in District 4-L5.  
 Thank you for everything you do in the helping of others.



Lion Rob

### Fiscal Year 2023-2024

Region	City	Zip Code	# Children Screened	# Children Referred
Desert	Indio	92201	120	35
		92202	6	1
		92203	90	22
	Banning	92220	57	15
	Beaumont	92223	83	21
	Blythe	92225	139	39
	Cabazon	92230	35	3
	Coachella	92236	94	31
	Desert Hot Springs	92240	15	7
	La Quinta	92253	125	29
	Mecca	92254	193	86
	Palm Desert	92260	30	5
	Thermal	92274	129	60
	Salton Sea	92275	13	1
	Thousand Palms	92276	32	6
	Twentynine Palms	92277	13	2
	North Citrus	Highland	92346	27
Yucaipa			92399	28
Yucca Valley		92884	15	3
		Adelanto	92301	23
Apple Valley		92308	52	13
Barstow		92311	50	9
Crestline		92325	9	1
		92344	17	7
Hesperia		92345	219	48
		92392	26	4
Victorville		92394	41	10
		92395	59	17
Desert		Chino	91710	38
	Rancho Cucamonga		91730	53
	Ontario	91762	54	6
		91763	24	2
		91764	38	7
	Bloomington	92316	24	8
	Colton	92324	156	35
		92335	45	16
	Fontana	92336	24	4
		92337	18	4
	Loma Linda	92354	13	1
	Rialto	92376	94	22

### Fiscal Year 2023-2024

Region	City	Zip Code	# Children Screened	# Children Referred
South Citrus	San Bernardino	92404	25	6
		92407	29	5
		92408	163	39
		92410	34	13
		92411	41	11
	Riverside	92503	49	15
		92504	176	48
		92505	84	21
		92507	51	13
	Jurupa Valley	92509	253	63
	Norco	92860	61	4
	Corona	92879	89	24
		92882	76	16
Valley	Lake Elsinore	92530	87	26
		92532	18	6
	Hemet	92543	57	19
		92544	512	106
		92545	28	2
	Moreno Valley	92551	70	21
		92553	338	95
		92557	147	28
	Murrieta	92562	288	44
		92563	124	16
	Perris	92570	36	9
		92571	114	24
	San Jacinto	92583	117	26
Wildomar	92595	71	22	
Covered this year by South Citrus & Desert Regions	Redlands	92373	380	26
		92374	178	42
			<b>6,017</b>	<b>1,417</b>

Children Screened 6,017  
 Children Referred 1,417  
 # of Sites 198  
 # of Visits 239



## PEDIATRIC CANCER



REGISTER

DONATE

Fundraise. Earn Swag. Change Lives.

*2024 Walker Incentives - Coming Soon!*



*In addition to making a life changing impact...  
the more you raise, the more incentives you unlock!*

**HELP US REACH OUR FUNDRAISING GOAL!**

By registering or donating to the Walk for Kids, you are supporting the families of the Inland Empire Ronald McDonald House. THANK YOU!

We've raised **0%**  
Our Goal \$150,000

REGISTER DONATE

### Healing Happens Together - Walk With Us!

The Walk for Kids™ is an annual community fundraiser that supports the children and families who rely on the life-changing services and programs provided by the Inland Empire Ronald McDonald House.

This fun, family-friendly event is held at Fontana Park and calls on volunteers, companies, and donors to walk as we collectively strive in keeping families close when they need it the most.

**Register today and support "The House Love Built"!**



## DIABETES

Update on impact of Diabetes screening and education program led by Lion Lidia Petrov Jones.

In the 6 months from July 1<sup>st</sup> 2023 to present the team has served approximately 550 people through screening and educational activities and diabetes camp.

The Wednesday wellness online diabetes support program and Diabetes Wellness Across California have served 120 participants.

Well Done Team! You are making an important difference in peoples health and lives.

## ENVIRONMENT

### PLEASE NOTE THE CHANGES TO NEXTREX RECYCLING PROGRAM

**DO NOT INCLUDE THESE ITEMS IN NEXTREX PROGRAMS**

FROZEN FOOD BAGS, CANDY BAR WRAPPERS, CHIP BAGS, NET OR MESH PRODUCE BAGS, PILLOW OR SOFA BAGS

**OR THESE:**

- ✓ Degradable/compostable bags or film packaging
- ✓ Pre-washed salad mix bags
- ✓ Pet food bags
- ✓ Hot dog or meat wrap packaging
- ✓ Six-pack rings or fabriccrafts
- ✓ PPE- Gloves, masks, or protective wear
- ✓ Pool covers
- ✓ Laminated film like floor wrap
- ✓ Slaps and hay bags
- ✓ Backyard ice rinks
- ✓ Vinyl shower curtains or fabriccrafts
- ✓ Building or shun packaging
- ✓ Shiny, oily film like floor wrap
- ✓ Backyard ice rinks

**DON'T SEE YOUR ITEM ON THE LIST?**  
 Try these tests to see if your plastic is acceptable or not.

See if the package will stretch when you pull it. If yes, it can be included. If it tears, the zipper, then please don't put it in the bin.

Is the package shiny or does it make a crinkling/crunchy sound in your hand? If yes, do NOT recycle in the Nextrex bin.

**Nextrex**  
[trex.com/recycling](http://trex.com/recycling) 1-800-Buy-Trex



### NEXTREX RECYCLING CHALLENGE PROGRAM

TREX® IS PROUD TO SPONSOR LOCAL RECYCLING PROGRAMS IN COMMUNITIES THROUGHOUT THE COUNTRY. FOR EXAMPLE, FOR K-12 SCHOOLS, CIVIC ORGANIZATIONS, HOUSES OF WORSHIP AND UNIVERSITY ORGANIZATIONS ETC. IF YOUR TEAM CAN COLLECT MORE THAN 1,000 POUNDS OF SOFT FILM PLASTICS AND PACKAGING IN A 12-MONTH SPAN, WE WILL AWARD A TREX® FURNITURE BENCH TO YOUR ORGANIZATION.

- CHOOSE A 12-MONTH COLLECTION TIME FRAME
- COLLECT A MINIMUM OF 1,000 LBS.
- WEIGH, RECORD AND ATTACH PICTURES AT MY.TREX.COM
- DELIVER THE COLLECTED PLASTIC FILM TO ONE OF OUR PARTICIPATING DROP-OFF RETAILER LOCATIONS FOR RECYCLING

**Nextrex** Nextrex Recycling Challenge

**How does the challenge work?**

- Register on Nextrex.com to obtain access to the Tax Portal
- Determine a 12-month collection time period
- Collect a minimum of 1,000 lbs.
- Report recycling totals at mytrex.com
- Weigh record and attach pictures
- Deliver the collected plastic film to participating retailer see list for recycling
- Store plastic until next report arrives in the portal! Do NOT exceed the amount of the weight you record.

**What does Trex provide?**

- Up to three recycling bins
- Probers

**What can I win?**

**Nextrex**

**What can be recycled?**

*All plastic must be clean, dry and free of food residue.*

- ✓ Grocery bags
- ✓ Bread bags
- ✓ Paper bags
- ✓ Dry cleaning bags
- ✓ Newspaper
- ✓ Plastic bottles
- ✓ Ice packs
- ✓ Mail bags
- ✓ Soft film plastics
- ✓ Food packaging
- ✓ Paper bags
- ✓ Dry & household food packaging
- ✓ Carpet tiles
- ✓ Clear shrink wrap
- ✓ Mail
- ✓ Shower caps
- ✓ Mail cartons
- ✓ Paper bags

Register on the website [Nextrex.com](http://Nextrex.com)

## PDG Bob Domenigoni Memorial Pull Tab Challenge

Keep those pull tabs coming!





2023-2024 District Newsletter  
 District Governor Hank Trueba  
<http://WWW.DISTRICT4L5.ORG>  
[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

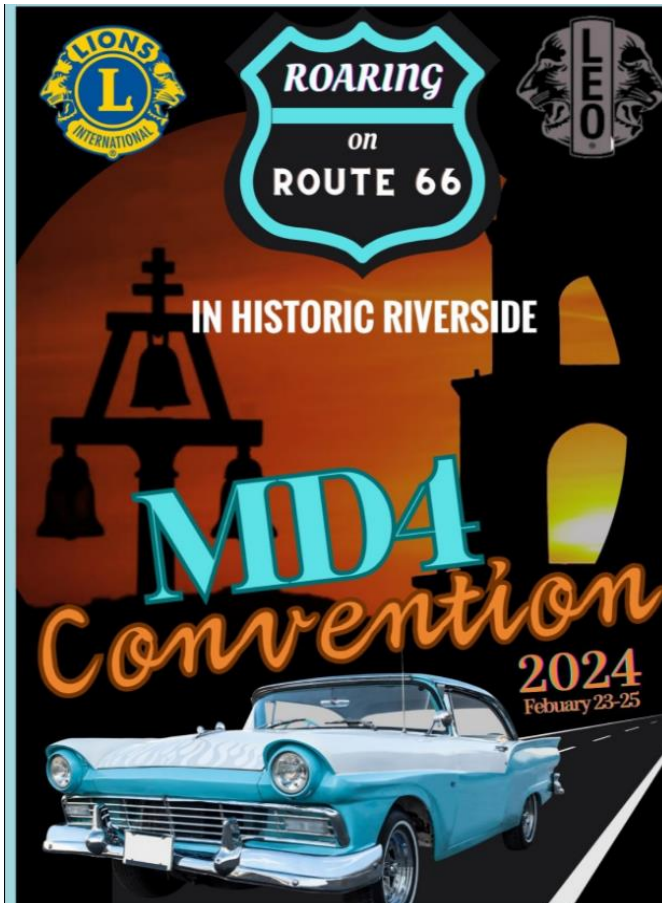
February 2024 Volume 4

# THE PRIDE

## Multiple District 4

Registrations Open NOW.

## MD4 CONVENTION



Registrations Open NOW.

[2024+convention+registration+and+meal+form+3.pdf](#)  
[squarespace.com](https://www.squarespace.com)

VOLUNTEERS ALWAYS NEEDED.

### THE MISSION INN HOTEL & SPA

3649 MISSION INN AVENUE, RIVERSIDE, CA 92501

Online Link <https://reservations.travelclick.com/74028?groupID=3847881>

Call in ROOM RESERVATIONS: 800-843-7755 or 951-784-0300, extension 850. Attendees must reference the MD4 Ca Lions Clubs International when making their reservation(s).

Check-in Tue, 20 Feb 2024

Check-out Mon, 26 Feb 2024

Cutoff Tue, 6 Feb 2024

\$189 US Per night plus tax and fees

Parking Cost - TBA

LIONSC22024

### MARRIOTT RIVERSIDE AT THE CONVENTION CENTER

3400 MARKET ST, RIVERSIDE, CA 92501

Online Link <https://www.marriott.com/events/start.mi?id=1680715570488&key=GRP>

Start Date: Tuesday, February 20, 2024

End Date: Monday, February 26, 2024

Last Day to Book: Sunday, February 25, 2024

Hotel(s) offering your special group rate:

Marriott Riverside at the Convention Center for 189 USD per night

\$15 Discounted Parking

## Student Speakers Contest Dates

**Club contests on or before February 26, 2024**

**Zone contests on or before March 18, 2024**

**Region Contests on or before April 15, 2024**

**District contests on or before May 6, 2024**

**Area Contests on or before May 20, 2024**

**Final Contest at June Joint COG June 15, 2024**



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 District Governor Hank Trueba  
<http://WWW.DISTRICT4L5.ORG>  
[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

# THE PRIDE

February 2024 Volume 4

## Proud Lion Award – do you have yours

### GOALS OF THE PROUD LION PROGRAM

The following goals of the Proud Lion program must be successfully attained by the Protege Lion under the guidance of the mentoring Lion (sponsor) and qualify for the Proud Lion award.

#### Protege Lion

- Attend a club board meeting
- Participate in a club service or fund-raising activity — virtual meetings apply.
- Introduce a new prospective member to the club.
- Make a visit to another club and secure a visitation slip.
- Attend a zone, region, district or multiple district meeting and report back to the club.

The goals listed above must be attained with the specified six (6) month's period and that the sponsor accompanied the Protege Lion to each of the five activities.



Digital Link [PROUD LION MENTORING PROGRAM | Multiple District 4 California Lions \(md4lions.org\)](#)

87th Annual  
*Student Speakers*  
**CONTEST**  
 2023-24 Topic



Sponsored by The California Lions Clubs  
 Multiple District Four



Scholarships sponsored by  
 The Fourth District Student Speakers Foundation



## MD4 California Lions Foundation



Link for California Lions Foundation [California Lions Foundation](https://www.californialions.org/)

### ROSE PARADE UPDATES

Theme: Celebrating a World of Music: The Universal Language





**2023-2024 District Newsletter**

District Governor Hank Trueba  
<http://WWW.DISTRICT4L5.ORG>  
4L5Districtnewsletter@gmail.com

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# THE PRIDE

Lions Float, Inc., a non-profit corporation, was formed in 1994 to direct the preparation and funding of the Lions float in the Rose Parade. This is a year-round activity involving the designing, fundraising and coordinating of volunteer decoration of the float in December. To raise these funds, Lions Float, Inc. sells a variety of commemorative items such as banner patches, lapel pins, polo & t-shirts, jackets, tote bags, hats and offers fellowships for donations honoring PIP Banker and others.

We welcome the support of Lions all over the world in supporting and decorating the float. What better way to promote Lionism than to be represented in this widely publicized international parade. Lions International is the largest service organization in the world. We want the world to hear us ROAR!

## And theme for Rose Parade 2025 is.....







# WHATS HAPPENING IN OUR DISTRICT (and Nearby)?

Please email your event fliers to [district4l5newsletter@gmail.com](mailto:district4l5newsletter@gmail.com) for inclusion in this section.

October 19, 2023 Alpine Mountaineer **5**

## Crestline Lions are active in the community

By RHEA FRANCES TETLEY  
Staff Writer

The Crestline Lions Club was busy this summer and generous this fall. All summer long, they were involved in the Crestline Chamber of Commerce's Corks & Hops beer and wine walk, distributing free water and providing the pretzel necklaces for those having fun at those monthly events. They hosted two booths each month, one in Top Town and another at the Arrowhead Credit Union parking lot. They also held a yard sale over Labor Day weekend, despite the weather, raising funds to donate to worthy projects.

Their next event is on Oct. 21 for White Cane Safety Day. On that Saturday from 10 a.m. to 4 p.m. at Jensen's market in Blue Jay and at the Crestline post office they will be collecting funds for the Lions signature project, preventing blindness. White Cane Safety Day has been observed each October since 1964 to celebrate the achievements of people who are visually impaired or blind and their tool of independence, the white cane. International White Cane Safety Day gives Lions an opportunity to increase awareness of the important need to prevent blindness, worldwide. Last month, the Crestline Lions Club paid for an eye exam and a pair of transitional lens eyeglasses for a worthy 9-year-old local student.

Another of their other local donations approved is a monthly payment of \$40 per month to co-sponsor a bear-proof dumpster at the parking lot for the Heart Rock hiking trail. They are sharing this cost with the Crestline-Lake Gregory Rotary Club and the Crestline Chamber of Commerce to encourage visitors who hike the trail to pack out their trash.

They approved a \$200 donation to the Salvation Army for its Thanksgiving dinner and approved spending \$200 for the Crestline Trick or Treat the Merchants by purchasing candy for the giveaway on Oct. 28. They will have a booth on Lake Drive giving out the candy to those costumed children walking by.

For Valley of Enchantment Elementary School, the club approved a \$200 donation for the school's chicken and garden program. Through this program, the students will be given the opportunity to learn important lessons about life, although outside the classroom.

Next month, the Lions Club members will begin selling raffle tickets for their annual firewood raffle, after their Oct. 24 meeting. The club members will also be at Crestline's Top Town Festival on Nov. 11, passing out coffee and hot chocolate.

Their next Lions Club dinner will be on Tuesday, Oct. 24 at 6:30 p.m. at Leisure Shores Senior Center. At the meeting, the Lions District Governor Hank Trucha will be visiting and inducting two new members, Robert Ippolito and Susan Oh, into the club. The dinner menu will be chili verde, tamales, rice, beans and tortillas. For dessert they will have a build-your-own ice cream sundae. The cost for the dinner is \$10.

If you would like to attend this meeting and learn more about the Lions Club and meet the members, call President Catherine Johnson at (909) 338-5758.

**District 4L5 Meeting  
 South Citrus Region  
 February 3, 2024 Saturday**

**Location:** First Baptist Church Rialto

**Address:** 222 Bloomington Ave,  
 Rialto, CA 92376

**Cabinet Meeting 8 AM  
 District Meeting 9 AM**

**\$15 to attend meeting**  
 Includes Continental Breakfast  
 and Lunch

**RSVPs will be pay at the door or  
 send check to**  
 District 4L5 22400 Barton Road #21-496  
 Grand Terrace CA, 92313-5008  
 Memo: District Meeting

Please provide an opportunity drawing for the District Meeting from your club, to support the 4L5 District.

**Special  
 Guests:**

**3 Candidates for  
 International  
 Director will be  
 attending**

**RSVP  
 Needed  
 By 1/29**

RSVP needed to  
[gtlondani@gmail.com](mailto:gtlondani@gmail.com)  
 or 909-835-8207

**Reminder**

**A reservation  
 made is a  
 reservation paid.**



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# THE PRIDE

87th Annual  
*Student Speakers*  
**CONTEST**  
 2023-24 Topic



Sponsored by The California Lions Clubs  
 Multiple District Four



Scholarships sponsored by  
 The Fourth District Student Speakers Foundation

NUVIEW LIONS CLUB  
 PRESENTS

**CHEERS TO 40 YRS**



**CELEBRATING 40 YEARS OF  
 NUVIEW LIONS CLUB IN  
 OUR COMMUNITY**

**ROOT BEER FLOAT PARTY  
 AND SELFIE STATIONS!!**

**SATURDAY  
 FEBRUARY 3RD 1-3 PM  
 2024**

**FREE!!**

**SIMPSON HALL @ NUVIEW  
 BRIDGE HIGH SCHOOL.  
 30401 RESERVOIR AVE.  
 NUEVO**

**LIONS INTERNATIONAL**  
 Jurupa District Lions

**MARCH 17**



**CORNBEEF AND CABBAGE**  
**\$15**

**TIME: 3PM-7PM**  
 5981 LIMONITE AVE JURUPA VALLEY  
 COMMUNITY EVENT • FAMILY FUN

**LIONS INTERNATIONAL**  
 Jurupa District Lions

**FEB 19 Monday**

**PANCAKE BREAKFAST**

**COMMUNITY FUNDRAISER \$7 FAMILY EVENT**



**TIME: 8AM-11AM**  
 5981 LIMONITE AVE JURUPA VALLEY



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# THE PRIDE



**"We Are All In This Together"**



## COMMUNITY HEALTH FAIR and VISION SCREENING

SATURDAY, APRIL 27<sup>th</sup> 2024

8 am – 2 pm

FREE

FREE

MANY local vendors coming together providing health screenings, information booths, demonstrations, resources and much more.

Screenings will include

- ❖ Vision screening
- ❖ Diabetes Screening
- ❖ Blood Pressure screening
- ❖ Hearing tests
- ❖ Skin Check
- ❖ Podiatry
- .....AND MORE

Demonstrations

- ❖ CPR
- ❖ Narcan Administration

Information booths and resources

- ❖ Smoking Cessation
- ❖ Car seat fitting
- ❖ Fire safety
- ❖ Veteran resources

Resources will be available for

- ❖ COV CRISIS Ministry Resources
- ❖ Medical insurance / MediCal
- ❖ MEDI CARE representative
- ❖ Amazing Grace Hospice
- ❖ SYMBA center
- ❖ Victor Valley Rescue Mission
- ❖ Grooming/haircuts
- .....AND MORE

For More Information or to register to volunteer or provide a resource booth please reach out to Lion Donna Rollins 760 628 4689 or email [AppleValleyLionsClub@gmail.com](mailto:AppleValleyLionsClub@gmail.com) or \_\_\_\_\_



**"Estamos Todos Juntos En Esto"**



## FERIA DE SALUD DE LA MUNIDAD y EXAMEN DE LA VISION

SABADO, 27 DE ABRIL DE 2024

8 am – 2 pm

GRATIS

GRATIS

MUCHOS proveedores locales se unen para realizar exámenes de salud, puestos de informacion, demostraciones, recursos, y mucho mas.

Las proyecciones incluirán

- ❖ Examen de la vista
- ❖ Deteccion de diabetes
- ❖ Deteccion de presión arterial
- ❖ Prueba de audición
- ❖ Revision de la piel
- ❖ Podología

...Y MAS  
Demonstracion

- ❖ RCP
- ❖ Administracion de Narcan
- ❖ Dejar de fumar
- ❖ Montaje de sillas de auto
- ❖ Seguridad contra incendios
- ❖ Recursos para veteranos

Puestos de informacion y recursos

- ❖ Recursos del Ministerio CRISIS COV
- ❖ Seguro medico / MediCal
- ❖ Representante de MEDI CARE
- ❖ Amazing Grace Hospice
- ❖ Centro SYMBA
- ❖ Mision de rescate de Victor Valley
- ❖ Aseo/cortes de pelo
- .....Y Mas

Para obtener mas information o registrarse como voluntario o proporcionar un stand de recursos, comuniquen con Gabriela Garcia 760 8870613 o envíe un correo electrónico a [AppleValleyLionsClub@gmail.com](mailto:AppleValleyLionsClub@gmail.com) o \_\_\_\_\_

1 John 4:11 "Since God so loved us, we also ought to love one another".

## VISION SCREENING EVENT

Vision Screening will be conducted by California Lions Friends in Sight  
**Saturday, April 27<sup>th</sup>, 2024**  
**Sabado, Abril 27<sup>th</sup>, 2024**  
 AT  
 Direccion  
**Church of the Valley – Hansen Hall**  
**20700 Standing Rock Avenue, Apple Valley, CA 92307**  
**8.00 am – 1.00pm\***

**NINOS (All Ages Welcome) ADULTOS**

Bienvenidos Todos Gratis  
 For more information or contact Lion Donna at 760-628 4689  
[applevalleylionsclub@gmail.com](mailto:applevalleylionsclub@gmail.com)

We are collecting used eyeglasses and hearing aids during the event.

This vision screening is not meant to replace a comprehensive eye examination and refraction that you obtain through your doctor's office. The vision screening is designed to assess for ocular health concerns and provide a usable pair of recycled glasses until you can obtain the professional services and optometric materials on your own.



Gift of Sight  
**FREE VISION SCREENING**  
 (Examines De Vision Gratis)

With free recycled eyeglasses  
 (LENTES DE ALIMENTO GRATIS)  
**Arrive early – First come, first served.**  
 (Llegue temprano, primero en llegar, primero en ser servido.)

We cannot guarantee that all patients in line will be seen.  
 (No Podemos garantizar que todos los pacientes de la fila sean atendidos.)

**GET YOUR TICKETS!**

**SPRING FORWARD**

**BALA**

**\$100 - \$75**

**EARLYBIRD SPECIAL**

**ENDS JANUARY 31!**

More information in the description




**LIONS CLUB OF ANZA VALLEY**

FEBRUARY 15, 2024  
6:30PM  
ANZA COMMUNITY HALL

## STUDENT SPEAKERS CONTEST

2023 - 2024 TOPIC:  
"For A Better World, What Would You Change?"

**CONTEST FULL**

- Open to all Anza Valley students grades 9-11...
- Maximum: 6 students per grade...
- Students will be judged on their 5 - 10 minute speech.
- Winner of the final MD4 Contest shall receive a \$10,000 scholarship.
- To secure your student's speaker information, please contact Contest Chairperson Chris Kinney at [AnzaLions@gmail.com](mailto:AnzaLions@gmail.com)
- Follow Lions Club of Anza Valley on Facebook for updates!

## New Club Development Workshop

Join Lion leaders from across MD4 California to learn tips & tools you can use to start new clubs. This Workshop is designed for your District Growth Teams to work through the process together to learn how to start new clubs... and if all goes well, have a new club chartered or at least be well on its way to being chartered by the end of the 8 week session.

All sessions are virtual & begin @ 6 PM

- Sunday February 4      Sunday, March 3
- Sunday, February 17      Sunday, March 17

### Workshop Overview

- Sessions are held every other week starting February 4th.
- Each of the 4 sessions involves a 90-120 minute virtual learning component, with an assignment to complete before the next session.
- District Teams will work together in breakout rooms during each session to plan & strategize.
- Live participation in all sessions is strongly encouraged to facilitate planning.



**MEET OUR FACILITATOR**  
 Lion Jodi Barmester, who has been traveling the country training Lions on how to start clubs, will be facilitating the Workshop.



Advance Registration Required:

<https://bit.ly/growmd4>

After registering, you will receive a confirmation email containing information about joining the meeting.

## BIRTHDAY



*Please join us in celebrating the cabinet members who are having birthdays this month.*

No birthdays for cabinet members for this month but Happy Birthday to all our February and March Lions Members

Requests for prayers and positive thoughts for those ill among our district. May you all feel our love and care for you as you heal.

Thank you to our own Sunshine Lady Lion Barbie for all you do. We are all still sending you healing thoughts after your surgery too.



## PHOTO ALBUM (Shared photos from members )



Pictures from International President reception in Pasadena for Rose Parade 2024. Congratulation Lion Deena on your induction to Lionism at the event!



Grand Terrace celebrating its 50th Anniversary in style



Apple Valley resident and long time educator and County vision teacher Mrs Linda Cox was presented with a Melvin Jones Fellow by PCC Liz Crooke in January 2024 to honor her hard work, dedication and commitment to the community to improve sight for all.



**Victorville Christmas Party ugly sweater contest was a hit!**  
 One of our newest cubs in the district was "bibbed" on January 22<sup>nd</sup> 2024 in Apple Valley.



2023-2024 District Newsletter

District Governor Hank Trueba

<http://WWW.DISTRICT4L5.ORG>

[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

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**THE PRIDE**

## BITS AND BYTES

If you are interested in commissioning an image for your club that you can use without fear of copyright or AI infringement I suggest you ask a talented friend. We did - and this is what we now 'own' and can use with our own marketing copyright



This gifted artist says she is willing to do other sketch drawings as long as clubs can give her an idea of what they want or an image idea. Please email me if you want her contact information and to reach out to her at [Applevalleylionsclub@gmail.com](mailto:Applevalleylionsclub@gmail.com) with subject 'Artist'

QR Codes are easy to attach to most webpages for free! Consider adding one to your fliers as so many people use their phones to access information and save web pages now.

## District Webpage.

Did you know you can scan the QR code below to have access to our District 4L5 calendar?



**But if you want your events included on the calendar you must email them to our web master for inclusion. You can submit events to [events@district4l5.org](mailto:events@district4l5.org) to have them added to the calendar.**



**2023-2024 District Newsletter**

District Governor Hank Trueba  
<http://WWW.DISTRICT4L5.ORG>  
[4L5Districtnewsletter@gmail.com](mailto:4L5Districtnewsletter@gmail.com)

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# THE PRIDE



Everyone, please consider submitting photos articles and reviews of activities to be included in our next issue in August.

[4L5districtnewsletter@gmail.com](mailto:4L5districtnewsletter@gmail.com) OR [District4L5newsletter@gmail.com](mailto:District4L5newsletter@gmail.com)

So PLEASE don't wait till the last few days.

Newsletters will be published every other month starting in August.

Everytime you have an event send us your synopsis and photos.

Each time you have a flyer for the next quarter add us to your email list so it will not get missed.

Please send any comments, corrections, and suggestion regarding this newsletter to the email above with the subject line 'Editor'.

Respectfully submitted.

Lion Donna Rollins

District 4L5 Newsletter Editor



HAPPY NEW YEAR